

AWMMAH



# AWMMAH

M A H A R A S H T R A



# 46<sup>th</sup>

## ANNUAL REPORT

### 2019 - 2020

ASSOCIATION FOR THE WELFARE OF  
PERSONS WITH A MENTAL HANDICAP  
IN MAHARASHTRA

← EIRP →



## *Vision*

To endeavor to bring persons with Intellectual and Developmental Disabilities into the main stream of Society and to enable them to live as independently as possible, within their families and within Society, with self-confidence, self-respect and dignity.

## *Mission*

In order to fulfill and realize the Vision, to do everything such as Creating Awareness, Prevention, Early Detection, Early Intervention, Pre-school Stimulation, Vocational Training and Economic Rehabilitation, Social Security, Self-Advocacy, Counseling and Guidance, and other Welfare Activities for Persons with Intellectual and Developmental Disabilities, through Community Based Rehabilitation (CBR).

## *Organization*

Association for the Welfare of Persons with a Mental Handicap in Maharashtra (AWMH Maharashtra) is a Not-for-Profit, Non-Governmental Organization, a Parents' Association working, for the last 46 years, for the welfare and rehabilitation of persons with Intellectual and Developmental Disabilities, including those with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities. It was started in 1974 as a counseling and information Center, to extend moral and emotional support to mothers and families having children with Intellectual and Developmental Disabilities. Since then AWMH has grown. Our members consist of parents, concerned individuals, Parents' Associations and Institutions working in the field of Intellectual and Developmental Disabilities, throughout the State of Maharashtra.

## **Activities, Programs and Services of**

### **A W M H - Maharashtra**

- ❖ **Early Intervention**
- ❖ **Pre-school Stimulation**
- ❖ **Sports**
- ❖ **Recreation**
- ❖ **Enabling Social Inclusion & Self Advocacy**
- ❖ **Counseling parents**
- ❖ **Workshops & Seminars for Awareness & Advocacy**
- ❖ **Collaboration with Government on Policy Formation**

**\* ADMINISTRATIVE OFFICE \***

**202, M. N. P. U. P Marathi School Bldg,  
Sindhi Lane, CP Tank Road,  
Mumbai - 400 004.**

**Tel No. : 022 - 49792809**

**E-mail: awmhmaharashtra@gmail.com**

**Website: www.awmh.org**



**\* EARLY INTERVENTION PROJECT (EIRP) CENTERS \***

- 1. AWMH-EIRP Clinic**  
203, M. N. P. U. P  
Marathi School Bldg,  
Sindhi Lane, CP Tank Road,  
Mumbai - 400 004.
- 2. AWMH-EIRP Clinic**  
106, Bhaveshwar Arcade Annexe,  
LBS Road, Nityanand Nagar,  
Ghatkopar (West),  
Mumbai - 400 086.
- 3. AWMH-EIRP Clinic**  
3/4, Mahavir Apartments,  
D/11, Parashwanath Nagar /  
Sarvodaya Nagar,  
Mulund (W),  
Mumbai - 400 080.
- 4. AWMH - EIRP Clinic**  
B/2/341, Kasturi Plaza,  
Manpada Road,  
Dombivli (East),  
Thane 421201.
- 5. AWMH - EIRP Clinic**  
Chhatrapati Shivaji Maharaj CHS  
Block No. 102, Bldg No. 2-A, MHADA Project,  
PMGP Colony, Mankhurd, Mumbai - 400 088.



**\* RECREATION ACTIVITIES CENTER (RAC) \***

Villa Theresa High School.  
Peddar Road, Mumbai - 400 006.



**\* SPORTS COACHING CENTER \***

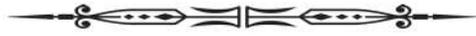
Sports Recreation Center  
Evershine Nagar, Link Road, Malad West,  
Mumbai - 400 064.

➔ Registered under Societies Registration Act, 1860,  
Registration No. 194/74 GBBSD, dated 20th July 1974.

➔ Registered under Bombay Public Trust Act, 1950,  
Registration No. F - 3397 (Bombay), dated 11th October, 1974.

➔ Registered under Foreign Contribution (Regulation) Act, 1976  
Registration No. 083780810, dated 21/09/2001

➔ Registered under Persons with Disability Act 1995  
Registration no. A - 1067 dated 02/01/2017



**\* PATRONS \***

Air Marshal S.S. Ramdas,  
PVSM, AVSM, VSM (Retired)



**\* MANAGING COMMITTEE MEMBERS : 2019 - 2022 \***

**Cdr. Shrirang N Bijur (Retd.) - President**

Mr. Jugal Kishore Aggarwal - Vice President	Ms. Purnima Shah
Ms. Meena Parekh - Hon. Secretary	Ms. Bharati Ganjawalla
Ms. Nina Parikh - Treasurer	Ms. Suman Kodial
Ms. Vilur Shapoorjee	Ms. Malti Dedhia
Mr. Kersi Kapadia	Dr. Sunny Pariyaram
Ms. Alka Bagdadi	Ms. Jayna Sheth



**\* TRUSTEES \***

Mr. Rajesh Durgani (Chairman)  
Ms. Usha Savara  
Ms. Swarupa Modi

**\* ADMINISTRATIVE OFFICE STAFF \***

Mr. Nitin Baidur – Head, Funding & Logistics,

Ms. Tanuja Shinde – Senior Office Executive

Ms. Kishun Jaiswar–Accounts Executive

Mr. Naresh Shinde– Office Assistant

Ms. Usha Gohil– Office Assistant



**\* EIRP \***

**\* SUB-COMMITTEE \***

Cdr. Shrirang Bijur - Chairperson

Ms. Meena Parekh

Late Ms. Miriam Kanga

Mr. P. S. Burde

Ms. Purnima Shah

**\* STAFF \***

**Dr. Shital Fulzele - Coordinator**

**Occupational Therapists**

Dr. Shital Fulzele

Dr. Sheetal Aidale

**Special Educators**

Ms. Snehal Bhogle

Ms. Rashmi Tambe

Ms. Rakhi Mahadik

Ms. Suchitra Jaiswar

Ms. Kanchan Harad

Ms. Jyotsna Jaiswar

**Speech Therapists**

Ms. Shraddha Shaniware

**Clinical Psychologist**

Ms. Anaya Modgi

**Helpers**

Ms. Jayshree Tamore

Ms. Sujata More

Ms. P. Suryavanshi

Ms. Sunita Khandagale

Ms. Madhavi Patange

**\* RECREATIONAL ACTIVITIES CENTER (RAC) \***

**Ms. Suman Kodial - Coordinator**

**COMMITTEE MEMBERS**

Ms. Swarupa Modi	Ms. Vilur Shapoorjee
Mr. Jugalkishore Aggarwal	Mr. Dhanraj Kotak
Ms. Maltiben Dedhia	

**Volunteers**

Ms. Nina Parikh	Mr. John Fernandes	Ms. Anila Shah
Mr. Anand Kumtha	Ms. Jaynaben Sheth	Ms. Maltiben Dedhia



**\* SPORTS \***

**Mr. Ravi Bagdi - Sports Director**

**Ms. Meena Parekh- Coordinator**

**COMMITTEE MEMBERS**

Dr. Sunny Pariyaram	Dr. H. T. Dholakia	Ms. Manisha Gawande
Ms. Aarti Malekar		

**Volunteers**

Ms. Ujwala Gaikwad	Ms. Sakshi Ahire	Ms. Chaitra Uchil
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The Managing Committee of AWMH Maharashtra is pleased to present the 46th Annual Report of the Association, along with the Audited Statement of Accounts for the Financial Year 2019-20.

The year 2019-20 was a remarkable year for AWMH where we added more value in our services to children and adults with intellectual and developmental disabilities. Our leaders assimilate the best practices and success stories of other Civil Services Organization, enabling us to benchmark ourselves and strive to do better. We have also been collaborating with reputed organizations to add new services like Self Advocacy training for adults with intellectual disability. AWMH has also stood the test of COVID-19 lockdown and continued to provide services to the children with developmental disabilities.

## **A. OVERCOMING EFFECT OF THE CORONA LOCKDOWN**

### **➤ Continuity of Services during COVID-19 Lockdown :**

The later part of the reporting year has seen the world in turmoil due to the pandemic of COVID19. As a responsible organization we took the safety of our beneficiaries and teachers in prime consideration and closed our EIRP centers and administrative office even before the lockdown was declared formally. But AWMH strived and continued the services using other means and methodologies.

We shifted our emphasis to Home-bound therapy, as EIRP staff guided parents in giving therapy to their children at home. The equipment at the Center was substituted by intelligent use of available objects in a locked-down household such as grain, pulses, coins, blocks, furniture, kitchenware etc. Our earlier policy & efforts to train mothers during 1:1 sessions paid rich dividend during this time. The presence of trained parent at home helped therapists and special educators in reaching out to the children confidently. Even Group Therapy was given over Zoom meets quite successfully. Parents are enthusiastically sharing videos of their children doing the therapy on WhatsApp.

Since the lockdown, an average of 116 children with IDD are being given therapy per month. The independent survey conducted by Parivaar provided a positive feedback from parents of children, about the support provided by the Early Intervention staff, and the resulting improvements the parents see in their children.

### **➤ Enhancing Staff Competence :**

The lockdown opened up a slew of online Webinars and Video conferences where professionals shared their experiences, best practices and knowledge. The subjects encompass not only Early Intervention but also secondary topics that developed a wider knowledge and initiatives that can be practiced by our staff. The lockdown and COVID19 environment also saw many Publications by reputed professional

organizations like ICMR, NIEPID, UNESCO, NCERT etc which will be good reference material for the teachers and care givers in future. Based on these manuals AWMH is chalking out plan and precautions to be undertaken when lockdown gets over and we start the early intervention centers.

#### Keeping in Touch with Children's Families & Providing Relief during Stressful Times

AWMH maintained uninterrupted communication with the parents / families of all children who were coming regularly to our centers. Some parents were found to be in stress. These parents were guided / counseled by our therapists / teachers and psychologist. Few cases requiring counselling due to domestic conditions were advised to contact trained counsellors (offering voluntarily services) on telephone.

We found some families in genuine economic distress. Therefore AWMH sought assistance from philanthropic organizations and individuals to provide relief to such families. This supported the families to purchase groceries and medicines.

Relief @ Rs 2000/- : 15 EIRP families

Relief @ Rs 3000/- : 4 EIRP families

Relief @ Rs 1500/- : 29 EIRP & 95 sportsperson's families – Supported by Redington Enterprises

#### ➤ **On-line Training for the Sports trainers :**

AWMH has also converted the week-end sports training schedule into parent / care giver training on how to coach children with disabilities. This has drawn good response from parents, teachers and well-wishers. Webinar training is conducted regularly.

## **B. OUR INITIATIVES OF THE YEAR**

### **❖ EARLY INTERVENTION CARE :**

This year we concentrated on enhancing the services with a clear and firm objective to ensure social inclusion and independent living of children with intellectual and developmental disabilities. We also worked on the principle that 'when you measure, only then can you monitor' the progress. Therefore we set our target to have evaluation of every child coming regularly to EIRP centers and achieved it. Further we started monitoring the progress of each child in standardized criterion. The children who discontinue coming to the centers are also monitored for the reason and their post early intervention plan is worked out with parents. This has given us a good benchmark to work and monitor the progress of each child on continuous basis. The level of services is also enhanced with the presence of two Occupational Therapists, One part time Physiotherapist and full time Speech and Audiologists has also added tremendous value to our services. The leased premises at Ghatkopar has also proved to be very rejuvenating for staff and children since it provides un-clustered neat and healthy space with

a open green view. We have maintained the optimum strength of children but do provide services to more children in need and training to parent so that homebound therapy gets started for such children.

❖ **SPORTS :**

This year Dalal Family Foundation (USA) have agreed to support the Cricket Tournament, and the Weekend Coaching of students with ID held at the Sports Center. The entry of DFF helped us take the event to a new prestige level (as a source of inspiration) for the participants. We have introduced 6 Rolling Trophies in the Competition. The presence of the Trophies at the site itself motivated the competing teams to go beyond their limits, and give a class performance on the pitch. The sports center has also innovated techniques for providing week-end coaching in various sports to students with intellectual and developmental disabilities.

❖ **RAC :**

The RAC club also closed the year with introduction of Self Advocacy training for all members with intellectual disabilities and transforming them in to Self Advocates. Four RAC leaders & volunteers joined the Mentors' Training conducted by Parivaar NCPO and got a good understanding of Self Advocacy training. Thereafter these trained mentors conducted self-advocacy training for the RAC members. This training is going to be a annual feature and would support independent living of RAC members. Another significant initiative taken by Ms. Suman Kodial, RAC Coordinator, was to celebrate 25th anniversary of formation of RAC. A good program was planned and a very tasteful souvenir was published. The souvenir contains reminiscences of past and present RAC volunteers / coordinators and will act as a guide for any organization that wish to replicate RAC experience of AWMH.

❖ **PARTNERSHIPS AND COMMUNITY AWARENESS :**

This year we were able to form strategic partnership with Dalal Family Foundation (USA) which is a philanthropic organization with a very dynamic and vibrant outlook. The emphasis of collaboration is to form long term relationships and exploring more ways of inclusive activities for bringing in social adaptability in the children / persons with intellectual disabilities, and also provide necessary visibility to the work carried out by AWMH in collaboration with DFF. To this end we had planned a "Run for Inclusion" and preparation of videos during the therapy being imparted to children. These will be taken up once the COVID situation gets back to normal.

❖ **AWMH on All India Radio for Awareness Generation :**

One of the highlights of this year was AWMH leaders being invited by All India Radio to participate in panel discussion for creating awareness in the

community. Two such panel discussions involving Cdr. Shrirang Bijur, President, and Ms. Meena Parekh, Secretary, took place where the focus was to create awareness regarding the benefits of early intervention and social inclusion of children with disabilities. We convey our gratitude to Mr. Nitin Khambati for arranging these talks which will have multiplier effect on building the much needed sensitization & community awareness.

### C. REPORTS OF DEPARTMENTS

#### ❖ EARLY INTERVENTION PROJECT (EIRP)

AWMH, Maharashtra is running 5 Early Intervention Centers across Maharashtra located in Mumbai & Suburbs (Dombivali, Mulund, Ghatkopar, Mankhurd and Khetwadi Centers). This support includes:

- Special Education.
- Therapy – (Occupational Therapy / Speech Therapy / Physiotherapy)
- Assessment & Counseling
- Training Parents – ( Parents for home bound programs)

The support is aimed at promoting child’s development. Any intervention selected for a child is family centered, developmentally appropriate, child focused and appropriately structured; and provided by a trans-disciplinary team. This enabled us to support different types of developmental disabilities, as mentioned in the table below.

<b>Type of Disability</b>	<b>Boys</b>	<b>Girls</b>	<b>Total</b>
Cerebral Palsy	31	11	42
Global Developmental Delay	15	15	30
Autism Spectrum Disorder	26	6	32
ADHD	5	1	6
Learning Difficulty	8	1	9
Down’s Syndrome	4	0	4
Misc. (Hydrocephaly, Microcephaly, Seizure Disorder, Sensory Processing Disorder, Hearing Impairment, Cleft Palate)	4	7	11
<b>Total</b>	<b>97</b>	<b>38</b>	<b>134</b>

#### **Children enrolled in special or inclusive schools :**

The objective of early intervention at the centers is to prepare the child for admission to an inclusive (mainstream) or Special School. The therapy and pre-

school training bring about great improvement in the quality of life, though not all children qualify for admission to special or mainstream schools. During the period, till March2020, a total of 44 children got admitted to either a Special or Inclusive School, as indicated in the table below.

Sr. No.	Children Attending Special School	Children Attending Mainstream School	Children Admitted in Playgroup / Anganwadi
1.	Shreya Devare	Saish Hande	Drushti Mane
2.	Sachi Sakpal	Samruddi Chavhan	Priyanshu Bavdane
3.	Faiz Sheikh	Anuj Prajapati	Shubhangi Pandey
4.	Aditya Rajbhar	Samarth Patil	Ronak Patil
5.	Gulab Nabi Ansari	Ahmed Raza Khatri	Urvi More
6.	Abu Bakar Idrisi	Avdhoot Tajane	Janhvi Kale
7.	Arfat Sheikh	Rishabh Takhur	Divine Cafferia
8.	Abhilash Marar	Hardik Taribagel	Swroop Parkhi
9.	Prem Dalal	Ovi Khot	Noman Sheikh
10.	Arnav Jadhav	Yug Dukate	Sneha Yadav
11.	Tulsi Pawar	Arnav Pathre	Samar Gupta
12.	Vaishnavi Sarang	Ayushi Hande	Vidhi Sawant
13.		Sakshi Bhatt	Kiara Chourisia
14.		Hamdaan Sheikh	Sanvi Khandare
15.			Vignesh Upare
16.			Yash Pagare
17.			Samiksh Gaikward
18.			Shreyansh Gupta

#### ❖ EIRP Initiatives

**Art-Based Therapy :** This year we introduced Art based Therapy to the range of service offerings at the E I Centers. Arts Based Therapy is the clinical and evidence-based use of art-forms (music, drama, and visual arts) to accomplish individualized goals within a therapeutic relationship. It is a form of expressive therapy that uses the creative process of making art to improve a child's physical, mental, and emotional well-being. The creative process involved in expressing one's self artistically can help children resolve issues as well as develop and manage their behaviors and feelings, reduce stress and improve self-esteem and

awareness. Through art therapy, children receive treatment that is based on their existing strengths, weaknesses, interests, and concerns.

**Group Therapy Sessions :** Children registered at the Center often have compromised social skills due to exclusion in social functions and activities. The Special Educator at the center conducted group sessions with play activities to improve the child's social skills. Once in a week group session is organized for children, which enhance and improve their abilities in different areas of development like gross motor, fine motor skills, cognitive and perceptual skills, social skills and self-help skills. These two hours group sessions with different themes are organized in 2 batches—morning and afternoon, every week.

**Community Based Rehabilitation Activities :** This involves exposing children to social environment where they feel and act like any other child and also watch, feel and interact with other families and children.

24th December 2019 : Dombivali Center went for a Picnic to Mumbai Darshan (Boot House, Gateway of India, Hanging Garden, Girgaon Chowpaty). 22 Children with parents participated. The same day Ghatkopar Center went for a Picnic to Wonder's Park and Rock Garden, Nerul Navi Mumbai. 17 Children with Parents and Siblings participated.

3rd January 2020 : Mankhurd Center went for a picnic to Mumbai Darshan (Boot House, Gateway of India, Hanging Garden, Girgaon Chowpaty). The same day Mulund Center went for a picnic to wonder's Park, Nerul Navi Mumbai.

**Parents Meeting :**

30th July 2019 : Mankhurd Center : Dr. Vaishali Kolhe, Head Disability Studies TISS, and Dr. Shital Fulzele conducted parents meeting in the center. Mr. Rahul and his colleague from IIT Mumbai introduce AAC (Augumentive and Alternative Communication). AAC is Communication method used to supplement Speech and Language for person with Disability. They have made an App, which can be used by Parents and Professional working with children to teach Language and Communication. It was 2 hours session in which application of JELLOW app was explained. They also helped the parents to download and install the app in their Device (Mobile phone) to use it at home.

10th September 2019 : Ghatkopar Center: Parents Meeting was conducted in Ghatkopar center along with Group Therapy Session.

**Community connect and Creating Awareness among neighborhood :** From 12th August 2019 onwards, TISS started posting student-interns in all 5 centers of EIRP for 2 days (Monday, Tuesday) in a week. They are carrying out the following activities in close collaboration with center staff.

- Home visits & Home Based Rehabilitation
- Family centered intervention
- Organizing Outdoor activity for children and parents, group session.

- UDID card and Disability certificate.
- Follow up of Drop outs.
- Documentation of each case with social work intervention.
- Working on Malnutrition and other disabilities with Anganwadi.

**Training Program for Special Educator and Parents in Semi-urban areas :** Dr. Shital Fulzele conducted 2 days workshop on 20th October 19 for Special Educators and Parents in Ballarshah, Maharashtra in response to their invitation. The workshop was attended by 40 participants including special educator and parents.

**Spirit of Wipro Run :** 22nd September 2020: Dr. Shital Fulzele and Mr. Nitin Baidur participated in WIPRO Run. AWMH had a stall at the “Spirit of Wipro Run” conducted at the Wipro HQ at Airoli in 2019. A short documentary show-casing AWMH Activities, and bearing sub-titles as suggested by Mr. Yagnesh, Wipro Coordinator, was screened for the participants.

**Celebrations :** Festivals and Group Therapies are the key to encourage social inclusion of children with developmental delays. These are good occasions to encourage participation and instill social skills of sharing and reciprocity. The celebrations included :

Rakshabandhan, Independence Day, Dahi Handi, Gokul Ashtami, Dashehra / Navratri, Diwali, Children’s Day, Christmas and New Year celebrations, Makar Sankrant, Republic Day, Holi, Ramjan Eid, Children Birthday Celebration. In addition Children birthday in the respective centers are celebrated in a combined party on the last working day of every month.

**In-hose training & Capacity building of EIRP staff:**

The EIRP Staff meets every month in a pre-designated center. Members of each Specialty present on selected topics, with actual and typical cases dealt during the month. In addition the staff also discusses specific topics of interest, experiences are shared and queries addressed. The topics covered during the year:

- Sensory Integration.
- Strategies of Speech Therapy in EI.
- Behavior Modification Techniques.
- Hand Function Training in Early Childhood Education.
- Visual Perceptual Skills.
- Activities of Visual Perception.

**NANHE USTAD, EIRP Annual Day 2019 – 20** was held on 1st Feb 2020, at Mancherji Joshi Hall, Dadar, Mumbai. This is the most awaited function for all children, parents and team of Early Intervention. All children showed their talents in different ways through colorful Fancy dress Show and Dance where parents also participated enthusiastically. The function was grand success and attended by total of 443 people including children, parents and children’s friends, RAC members, committee members and other invitee.

There were many items and performance put up by children, parents and EIRP staff which were appreciated by one and all. These included

- Fancy Dress Competition : All kids were dressed up in different characters. Kids enjoyed as they get to wear fun costumes and walk and have fun.
- Group Dance : performance by children and parents followed by
- Prize Distribution : This also generates interest as in Nanhe Ustad every child is a winner and gets to come on the stage, show his performance and receive a prize. In addition the winners in each categories are also given special prize for encouragement and motivation.

The awardees for the year were:

#### **Best Child of the year 2019**

<b>Center Name</b>	<b>Therapy</b>	<b>Playgroup</b>
Ghatkopar Center	Rohan Gupta	Tanvir Sheikh
Mulund Center	Samruddhi Chavhan	Anuj Prajapati
Mankhurd Center	Roshankumar Pajapati	Ragini Saroj
Khetwadi Center	Abdulla Ansari	Aarav Tiwari
Dombivali Center	Vignesh Upare	Niraj Bari

#### **Best Parent Of the Year 2019**

<b>Center Name</b>	<b>Therapy</b>	<b>Playground</b>
Ghatkopar Center	Mr. Anita Singh (Adarsh's Mother)	Candida Cafferia (Divine's Mother)
Mulund Center	Megha Waghmare (Dhairi's Mother)	Vaishali Hande (Saish's Mother)
Mankhurd Center	Ms. Aarifa Sheikh (Anabiya's Mother)	Ms. Ruksana Sheikh (Faiz's Mother)
Khetwadi Center	Mr. Sachin Sawant (Vidhi's Father)	Ms. Kusum Murale (Atherva's Mother)
Dombivali Center	(Rudra's Mother)	Ms. Poonam Sawant (Vihang's Mother)

#### **Fancy Dress Winner**

<b>Center</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
Ghatkopar Center	Samarth Patil	Siddhi Kamble	Adarsh Singh
Mulund Center	Virat Yadav	Mrunali Falke	Priyanshu Bavdane

Mankhurd Center	Vedant Kadam	Noman Sheikh	Daksh Kadam
Dombivali Center	Niraj Bari	Shrushti Shinde	Hardik Taribagel
Khetwadi Center	Abubakar Bamane	Aarav Tiwari	Ayesha Sheikh

Our special thanks to Ms. Nerges Dodhy and Ms. Vilur Shapoorjee for sponsoring the hall, sound system, snacks and fruity to Children. Ms. Swroopa Modi sponsored consolation prizes (2nd and 3rd prize) of Fancy Dress Competition. Mr. Shreyas from WIPRO conducted the event with great exuberance. Mrs. Suman Kodial helped with the registrations.

## ❖ SPORTS

### ➤ **15th Maharashtra State Cricket Tournament for Special Schools sponsored by Dalal Family Foundation :**

AWMH Maharashtra organized 15th Maharashtra State knockout Cricket Tournament for the Special Schools in Maharashtra at Goregaon Sports Club and Prabodhan Krida Bhavan held on 12th & 13th February 2020. Teams were categorized into A, B and C Group. From 12 districts of Maharashtra 55 schools with 240 students (15 teams) & 51 teachers was part of this tournament. The Chief Guest for the event was Mr. Hiten Dalal of Dalal Family Foundation (USA) and the guests of honour were Mrs. Nisha Jadhav, VDA Infosolution Pvt. Ltd. and Mr. Nitin Khambhati, a renowned Philanthropist & Rotarian.

This year the teams were divided into A, B and C Group. The Cash prize was awarded to the winner and runner up in all the three categories. Cash prizes were also awarded to – The best batsman, bowler, fielder and man of the tournament in all the three categories. All the participating teams were given cricket kit (Track Pant, T-Shirt and Cap). Keeping into consideration the Special Olympics motto, “Every participating child is a winner”, AWMH Maharashtra awarded gold and silver medal to winners and runners up and participating medals and certificate to all the remaining teams.

The Lodging and Boarding facilities for three days for approximately 48 students and 10 teachers from outstation schools were at Punarvas Special School, Goregaon. Students participating in the tournament were served with heavy snacks and lunch on the day of the competition at two different venues. The bus facility from Punarvas School to the venue and back was sponsored by V. D. Indian Society. The Shamiana at Prabodhan Krida Bhavan by Shashikant Decorator and at Goregaon Sports Club by Kalpavruksh Decorator was provided with a nominal charge.

## **Result of 15TH Maharashtra State Cricket Tournament**

### **A - Group**

Winner Team	: MDC Home
Runner up	: Mumbai Suburb
Best Batsman	: Soma, MDC Home – 14 runs not out
Best Bowler	: Rahul Kenny – Mumbai Suburb – 1 over 8 runs & 1 wicket
Best Fielder	: Vipul Jain – Mumbai Suburb – one catch in one inning
Man of the Tournament	: Saifullah – MDC home –30 runs & 2 overs 7 runs & 2 wkts

### **B - Group**

Winner Team	: Mumbai City
Runner up	: Mumbai Suburb
Best Batsman	: Jaison Serrao – Mumbai City – 9 runs in 8 balls
Best Bowler	: Naresh Bhosle – Mumbai City – 4 overs 12 runs 5 wkts.
Best Fielder	: Rohan Tak – Mumbai City – 3 catches one inning
Man of the Tournament	: Naresh Bhosle – Mumbai City – 4 overs 12 runs 5 wkts.

### **C - Group**

Winner Team	: Mumbai Suburb
Runner up	: Aashray Special School
Best Batsman	: Pratik Agavne – Astitva, Dombivali – 34 runs not out
Best Bowler	: SagarChaurasia – Ashray School – 4 overs 17 runs 2 wkts.
Best Fielder	: Viral Domadia – Mumbai Suburb – 2 catches in one inning
Man of the Tournament	: Rahul Bhonkar – Mumbai Suburb – 4 ovr 17 runs 4 wkts and 34 runs

#### **➤ Encouraging Sports in Special Schools :**

AWMH Maharashtra started sponsoring the sports kit to three schools in order to initiate the Physical Education program in the special schools. The sports kit contains one kit bag, four Basketballs, two Volleyballs, two Footballs, four Badminton rackets, ten shuttlecocks, eight Table Tennis bats, a dozen Table Tennis balls, two Cricket Bats, four stumps and one dozen soft tennis balls. This year the sports kit was given to Punarvas Special School, Jai Vakeel Special School and Anza Special School.

➤ **Week-end Sports Training :**

AWMH Maharashtra, in association with The V.D. Indian Society conducts weekend Sports Training Programme for persons with intellectual disability (PwIDDs). This Training Programme is schedule on weekend for two hours at Sports Recreation Centre, Malad, Mumbai. The programme includes warm-up, conditioning, skill practice and followed by games practice in the second half. The main aim of this programme is through recreational activity keep students fit and healthy. Following sports coaching is conducted in this weekend Training Programme - Table Tennis, Cricket, Basket Ball, Handball, Skating etc. under the guidance of trained professional coaches. The effect of sports training is evident in the happiness and pride quotient of trainees. Many of the students attending the week-end Training Programme have represented Maharashtra at the National Championships in various disciplines. Currently 28 intellectually disabled students from 13 special schools are part of this programme.

➤ **12th Maharashtra State Table Tennis Tournament for Special Schools :**

12th Maharashtra State Table Tennis Tournament was organized by AWMH Maharashtra for the Special Schools in Maharashtra, at Goregaon Sports Club on 17th August, 2019. The event was sponsored by Rotary Club of Mumbai Versova and Dalal Family Foundation. Around 371 students from 32 schools in Maharashtra participated in this tournament from which 38 students were from Pune, Kolhapur, Nagpur districts. The competition was conducted in two formats i.e. Individual Skill contest and Singles Competition. The ability grouping test started three weeks before the competition for the students participating in this tournament. The Chief Guest was Rtn. Sunnil Mehra, The District Governor (Elect) and other dignitaries were President Rtn. Shashi Chhachhia, Secretary, Rtn. Ashish Agarwal who graced the occasion. Students was awarded with medals and certificates according to his / her ability, which serves the motto of World Special Olympics that every child is a winner in the competition. The accent here is on participation, and every participant is awarded a medal, regardless of the result. Students participating in this tournament were given T-Shirts teachers, parents and students were served with heavy snacks and lunch.

**Participation :**

Total Number of Students : 371 students (32 schools)

Total Number of Teachers : 66 teachers

Total Number of officials : 30 officials

➤ **Expression of Gratitude :** Following are the sponsors who supported the tournaments and AWMH sports activities:

### Our special Thanks to-

Rotary Club of Mumbai Versova	» for being the Title sponsors for the Table Tennis Tournament.
The Dalal Family Foundation (USA)	» for sponsoring the Cricket Tournament and Week-end sports training.
Pirojsha Godrej Foundation	» Sports division of AWMH
Jamnabai Narsee School	» Sponsoring the services and venue
<b>Reis H.R. Service Private Limited</b> Mr. Dinesh Bagdi – Director	» Sponsoring the services to participating children
Ms. Bharati Varade	» Sponsoring services
Mr. Sameer Gajria	» Sponsoring services
<b>VDA Infosoulation Pvt. Ltd.</b> Mr. Deepak Jadhav & Ms. Nisha Jadhav	» for sponsoring the sports kit to three Schools.
<b>Goregaon Sports Club</b> Dr. Mahendra Agrawal – Hon. Gen. Secretary Mr. Jasmit Waliya – Outdoor Chairperson	» for providing the Ground for the Cricket Tournament and Table Tennis Tournament Hall free of charge.
<b>Prabodhan KridaBhavan</b> Mr. Sunil Velankar – Hon. Gen Secretary Mr. Ramesh Iswalkar – Treasurer	» for providing the Ground for the Cricket Tournament.
<b>Punarvas Special School</b> Mr. Uday Vinzanekar – President Ms. Savita Jawale – Principal	» for providing free lodging for all outstation students and their coaches for the Cricket and Table Tennis Tournaments.
	» for letting us use their Table Tennis hall for conducting the Ability Tests of outstation students during the Table Tennis Tournament.
<b>Punarvas Special School</b> Mr. Madhav Bhalerao – Teacher	» for taking care of outstation Special schools' lodging and boarding needs at Punarvas Special School.
<b>Vasaribai Dagra Navnirman School</b> Ms. Hemalata Dhoot, Director Ms. Charu Shah, Principal	» for providing the bus facility for transporting all outstation students and their coaches to the venue and back during the Table Tennis and Cricket Tournaments.

<b>Landmark Restaurant</b> Mr. Prabhakar Shetty, Proprietor	» for sponsoring the breakfast at both the days during the Cricket Tournament.
M/S Golatkar and Sawant Caterers	» for providing Lunch and Dinner at both venues at subsidized rate during the Cricket Tournament.
M/S Shashikant Decorators	» for providing the Shamiana, Chairs and Sound System at Prabodhan Krida Bhavan for the Cricket Tournament.
M/S Kalpavruksha Decorators	» for providing Shamiana at Goregaon Sports Club for the Table Tennis Tournament at a nominal cost.
M/S Kalpavruksha Decorators	» for providing Shamiana, Chairs and Sound System at Goregaon Sports Club at a nominal cost.
Head of the Schools, Principals, P.E.	» Teachers and Coaches.
Mr. Jayesh Sankhe	» for keeping the proceedings lively with his commentary during the Cricket Tournament.
All the Officials	» Who officiated at the competition.
Ms. Aarti Malekar Ms. Manisha Gawande Ms. Sakshi Ayare Ms. Chaitra Uchil	» for making the events a grand success.
Administrative team of AWMH	» for excellent support

#### ❖ **RECREATIONAL ACTIVITIES AND SELF-ADVOCACY CENTER (RAC)**

Way back in 1995, RAC was formed with determination of some of the mothers to provide a leisure club to persons with intellectual disabilities on Saturdays, who worked in their family businesses or in sheltered workshops during weekdays. In this club, they had games, birthday parties, group visits to gardens and movies, picnics and so on.

Over the years the tradition of promoting self-advocacy among the members and total relaxation for them has been kept on! Thanks to the goodwill of the Sisters of Villa Theresa School, Peddar Road. Their spacious premises have continued to be our meeting place on Saturdays for indoor activities since many years.

- **SELF-ADVOCACY TRAINING PROGRAM FOR PERSONS WITH INTELLECTUAL DISABILITIES AND MENTORS** : Earlier in this year, 4 parents / well wishers had successfully completed a training program for Mentors conducted by PARIVAAR at Jai Vakeel School. Highly impressed with the concept of Self-Advocacy, we were very keen to incorporate this program in our sessions. We were fortunate to get sponsored by PARIVAAR, CBM and Safi for Self-Advocacy Training for PwIDS and parents.

11 Self- Advocates (SA) and 10 parents joined the program. RAC founder members- Mrs. Vilur Shapoorjee and Mrs. Swarupa Modi and some well-wishers too were present. Mr. P.S. Burde, Ms. Rekha Grace's presence was a great boost to the 4 mentors who were conducting the training for the first time.

Power point presentation for the parents regarding various aspects of this training program was given by Mr. Nitin Baindur with expert inputs from Mr. Burde and Ms. Rekha. They answered the queries of the parents making this session very informative. Since RAC meets for only 2-2½ hours for each meeting, we combined activities of two RAC meetings to form one SA Training session. We planned activities to enhance self-esteem, communication skills, listening and planning / doing activities. These sessions included our regular prayer and yoga, art therapy, informal chat sessions, out-door activities, birthday party and our sports day. The emphasis has always been on empowering our SAs. Preeti Dedia, Nish, Gauri Sharma and our volunteers supported us whole heartedly.

These sessions have been a learning process for us and have helped us, the volunteers and parents to up skill our capabilities in working with Self-advocates and offer them opportunities to make choice and be more independent.

- **ANNUAL SPORTS DAY** : We planned games for our members based on moderate ability (MA) and low ability (LA) and had practice sessions earlier. Mr. P. S. Burde of PARIVAAR was kind enough to attend this event and encouraged us. It was a well-attended event. After the prayers, our founder members Mrs. Shapoorjee and Mrs. Swarupaben distributed T-shirts specially printed for the event to the excited Self advocate trainees. Groups were formed with 4 SAs in MA and 5 SAs in LA group.

Allotted games were played by all the SAs in right earnest. Balancing the book and Lemon and Spoon races for the parents/ well-wishers were the surprise events! Everyone took part in both the races very enthusiastically. After the events, participation Certificates and Participation Gifts were given to all the Self advocates. The winners received Excellence Certificates and Gifts as well.

Snacks boxes for the event were sponsored by a parent Mrs. Lalita Surana and Prizes by Jainaben Shah. We thank both of them and also Mr. Burde, Mrs. Shapoorjee, Mrs. Swarupaben, Mr. Dhanrajbhai, Gauri Sharma and

Ms. Veena Gandhi for their support.

In-door Activities : Well wishers and volunteers have helped and supported us to chalk out all our activities. Gauri Sharma, our college going volunteer's dance sessions have been special attraction for all! Gauri, Preeti Dedhia and school student Nish have been enthusiastically conducting indoor activities.

This year too, we had yoga and laughter therapy, games, made attractive artifacts, and Rakhis for Rakshabandhan, painted greeting cards for special occasions, prepared and enjoyed tasty snacks etc. Birthdays were celebrated with great enthusiasm in a restaurant by some members while some had the celebration in-doors.

Out-door Activities : Godrej Park and Girgaum Chowpatty are all time favorites with our members. We enjoyed taking walk in the sand and then went to Godrej Park. After playing some games and chit chat session, had snacks. During Ganpati festival, we visited different pandals in Grant Road area for Ganpati Darshan. Volunteers and our members had a great time watching fun filled movie Street Dancer. We also celebrated Holi with Gulal.

- **Christmas Party** : X'mas Party by students of VIII Std of Villa Theresa School was organized for RAC family. Dancing and interesting games were followed by distribution of Party hampers and gifts for everyone. Sister Babitha's presence and her active participation was a big boost for all. Useful items bought from Khsitij along with a Thank You card made by RAC members was gifted to her and also the teachers who had helped the students organize the event. Our young hostesses were given pens as gift from RAC. Mrs. Swarupa Modi, Mrs. Shapoorjee and Mrs. Meena Parekh also joined the RAC group.

This year we had one more X'mas party sponsored by a well wisher and Mr. Fernandes.

- **Villa Theresa Carnival** : Sister Babitha gave 16 Entry passes of Rs. 100/- each along with cupons of Rs. 100/- per pass for RAC members and volunteers to attend and enjoy the School Carnival. The members had a great time playing different games and winning prizes. They also enjoyed relishing snacks at the food stalls.
- **SILVER JUBILEE CELEBRATION AND DIWALI PARTY 2019** : Generous funding from Rotary Club of Bombay Seaface and donations from Mrs. Swarupa Modi, Mrs. Shapoorjee and some well wishers enabled us to celebrate these events in a grand scale!

Sister Babitha, Principal of Villa Theresa High School once again obliged us by permitting us to use the spacious Basement Hall for the festivities and the Gym Hall for serving dinner. Her in-service electrician gave a festive look to the hall with electric decorations.

The President of Rotary Club of Bombay Seaface was the Chief Guest. He was welcomed by AWMH President Cdr. S.N. Bijur, Mrs. Swarupa Modi and Mrs. Vilur Shapoorjee and our long time well wisher Mrs. Pramila Guglani were felicitated by the Chief Guest. Later, Sister Babitha, our Guest of Honour, who could not be present during the felicitations, was honoured along with Sister Maria Goratti, the Manager of Villa Theresa School by our founder members.

A colourful Brochure befitting the occasion was released by the Chief Guest. Mr. Jugal Kishor Aggrawal who also described the activities of RAC along with a short video depicting the fun times our Self- Advocates have enjoyed at various times.

Medley of popular film songs presented by Mr. T. Prasanth brought the whole audience on dance floor and gave a perfect finale to the function!

A delicious dinner in the Gym hall was enjoyed by everyone at the end of the program. The presence of about 38 past and present RAC members, their parents, well-wishers, volunteers, Sisters from Villa Theresa Convent and Rotarians made this event a memorable evening !!

#### ❖ **BUDDING CHEFS CONTEST :**

The budding chefs' competition this year scheduled in later half of March 2020 was cancelled due to the impending threat of the Corona pandemic.

#### **D. STATUTORY COMPLANCES**

- AWMH continue to follow all statutory rules and regulation and hold valid registrations under Bombay Society Registration Act 1860, Public Trust Act 1950, Persons with Disability Act 1995, Income Tax Act, Foreign Contribution (Regulation) Act 1976, Registration with Neeti Ayog (Darpan). We also comply with the provisions of the above mentioned Acts and their rules.
- AWMH regularly filed requisite returns and information for Annual submission to the Charity Commissioner, Income tax return, Professional Tax return , TDS Return, FCRA return.
- Statutory information is displayed on the website and updated regularly. This includes Audit report and audited accounts for the last three financial

years, FCRA donations received in each quarter, List of office bearers and contact details for the organization.

- AWMH publishes its annual report every year and copies provided to members. In addition reports on important occasions/events are published. Latest report was 25th anniversary report by RAC.
- All therapists and teachers employed by AWMH in the early intervention centers are qualified and registered with their statutory councils.
- In addition AWMH has Child Protection Policy, Child Safeguard Policy, Policy on Prevention of Sexual Harassment at Work Place, and also follow equal opportunity policy.
- AWMH has submitted its proceedings for the sale of Pune plot of land for approval by the Charity Commissioner.

#### **E. FINANCIALS**

- AWMH operations remains financially sound and are carried out to fulfill the objectives of the trust. Total income from donations for the FY was Rs. 76.96 lacs while the total expenditure of AWMH for the FY was Rs. 71.64 lac.
- The payments and domestic receipts were consolidated into one account for ease of treasury management. While other 5 bank accounts have remained but they will be closed as and when the linked fixed deposits/ investments are renewed.
- An amount of Rs. 55.14 lac was received from M/s. Krishne Developers as EMD (earnest money deposit) for the tenders floated for the sale of plot of land at Pune. The matter is in the court of Charity Commissioner for approval. Therefore the EMD amount has been shown as cash balance at the end of FY 2019.

#### **MINUTES OF THE 45TH ANNUAL GENERAL BODY MEETING HELD ON 31ST AUGUST 2019 AT YWCA, MUMBAI**

The Secretary called the meeting to order at 2:00 PM. Cdr. Shrirang Bijur, President, chaired the meeting. 67 members attended the meeting.

#### **1. Welcome Address by President :**

The President welcomed all the members present, and said that he is very happy to see so many parents, professionals and volunteer members attending the meeting. The President also welcomed Mr. Arvind Pandya, a nationally acclaimed social worker and on whose name the AWMH Mankhurd EIRP center is named. He also welcomed Dr. Dholakia, Past President of AWMH, who was attending the AGM in spite of acute physical constrains. He exclaimed that what AWMH is today is due to the dedicated and hard work of its past leaders and

members. In this reference he mentioned about demise of the immediate past president of AWMH, Mrs. Miriam Kanga and also Mr. Narendra V. Mehta, Trustee. The president requested all members to stand in mark of respect & memory for these two personalities and also other parents, children with ID, and members who left for heavenly abode during the last year. One minute salience was observed by all members. The president also read out a poem in memory of late Mrs. Miriam Kanga.

**2. To read and approve minutes of the 44th Annual General Meeting :**

The President requested Mrs. Swarupa Modi, Trustee, to release the Annual Report for the year 2018-19. The Managing Committee Annual Report was read out by the president which was much appreciated by the members. The departmental reports were presented by respective coordinators in a lucid presentations as indicated below:

**EIRP Report :** Dr. Shital Fulzele, Dr. Sheetal Aidale and Ms. Suchitra Jaiswar. The members were very happy to learn about the progress made in improving the quality and quantum of services provided by the staff of EIRP centers. They cheered the staff with big applause.

**Community based inclusive rehabilitation & Community Interfacing Group report :**

Dr. Vaishali Kolhe, Head of Dept, TISS, presented the concept and working of this joint initiative between TISS and AWMH. Some real life case studies and working examples were narrated by five 1st year PG students who are working interns in CBID/ community interface program with each EIRP center of AWMH. Their presentation and work was much appreciated by the annual general body members.

**Sports Center & Tournament Activities - Cdr. Shrirang Bijur.**

**RAC Report :** Ms. Suman Kodial RAC Coordinator, Mr. Jugal Kishore Agarwal, Ms. Maltiben Dedhia.

**Budding Chef Competition - Ms. Swarupa Modi.**

The Annual Report was unanimously adopted by the Annual general body. The following resolution was passed:

**Resolution: "Resolved unanimously that the Annual Report of AWMH Maharashtra for the financial year 2018-19 is hereby received and accepted.**

**3. To read and approve minutes of the last 44th Annual General Meeting :**

The Secretary Ms. Meena Parekh presented the minutes of the last Annual General Meeting held on 11th August 2018 which had been circulated to members in the Annual report copy. There was no amendment proposed and general body approved the minutes. Mrs. Purnima Shah proposed and Mr. J. K. Aggarwal seconded that the Minutes be passed. The following resolution was taken up by the General Body.

**Resolution : "Resolved unanimously that the Minutes of the 44th Annual**

**General Meeting held on Saturday, 11th August 2018, be and are hereby accepted and passed”.**

**4. To consider and adopt the Audited Statement of Accounts for the financial year 2018-19 along with the Audit Report :**

The president presented the Audited Accounts of AWMH, Maharashtra which had been circulated to members earlier. He informed the members that donations and sponsorships amounting to Rs. 70.04 lac were received during FY 2018-19. He informed members that approximate expenditure incurred on the objects of the Trust was Rs. 65.22 lac. He further clarified that auditors have found no irregularities or issues in our accounts since they are well maintained and transparently held. He requests the general body to pass the accounts. On a query from member the president explained the two general remarks by the auditor in the report, to the satisfaction of all member. Dr. Dholakia proposed and Mrs. Vilur Shapoorjee seconded the proposal. The following Resolution was tabled:

**Resolution: “Resolved that the Audited Accounts of AWMH Maharashtra for the financial year 2018 - 19 be and is hereby accepted and passed unanimously”.**

**5. To consider and approve the budget for the financial year 2019 -20 :**

The president explained the rationale of budget and explained that we are now looking for larger space for Mankurd EIRP center. The budget will vary based on the rent and deposit. Ms. Bharti Ganjawala proposed and Mr. Alka Bagdadi seconded that the estimated budget be accepted and passed. The following Resolution was tabled:

**Resolution: “Resolved that the estimated budget of AWMH Maharashtra for the financial year 2019 - 20 be and is hereby accepted and passed unanimously”.**

**6. To appoint Auditors for the Financial Year 2019 - 20, and to fix their remuneration. :**

The president informed the members that our exiting auditor Mr. Shashikant Desai was busy with GST and other commercial audits and had requested to be relieved. Therefore Mr. Sachin Phadke was given the task of auditing by Mr. Shashikant Desai. The members opined that the earlier audit firm headed by late Mr. Narendra Mehta be appointed as auditor at the present audit fee.

**Resolution : “Resolved that M/s. Harshit Mehta & Co be and are hereby appointed as the Auditors for the Financial Year 2019 - 20, at a remuneration of Rs. 17,700/- (Rs. Seventeen thousand seven hundred only) for the said period”.**

**7. To introduce new members admitted since the last AGM held on**

8th August, 2015 : The president read out the names of new members introduced in 2018-19. The names are given at enclosure in the AGM minutes file.

**8. To discuss new initiatives & welfare measures planned by Executive Committee for expanding AWMH operations.**

**The following initiatives were explained to general body as follows:**

- a. Mr. Arvind Bhai Pandya on whose name the EIRP Center Mankhurd is named, addressed the general body. He also narrated his experience and sense of satisfaction on the early intervention work undertaken by AWMH, based on his visit to Mankhurd center on 30th August. He further explained how public awareness regarding the empowerment of children/ persons with intellectual disability can be furthered by conducting public events. He personally volunteered to lead an initiative to conduct such event in Mumbai. His son has been carrying out back walk for such philanthropic causes in public events that resulted in widespread awareness about the cause as well as gather sponsorships. The members welcomed the idea. The president added that AWMH would ensure participation of as many children with ID, as possible to make such event memorable for the beneficiaries. The beneficiaries' involvement would also provide requisite confidence to them and their parents. Therefore AWMH sports section will be fully integrated for this initiative.
- b. The strategic partnership between Dalal Family Foundation and AWMH was also explained by the president, which was highly appreciated by members. The involvement of Dalal Family Foundation in both EIRP centers (Ghatkoper & Khetwadi) and with sports initiatives will give a much needed flip to AWMH awareness creation activities and visibility to the cause.
- c. The Mankhurd EIRP center will be shifted to larger premises to cater for larger number of children who require early intervention services in Mankhurd. Hamara Ghar Foundation is agreeable to support this initiative.
- d. Expand MOU with TISS for expansion of Community based interface and CBID services at all five centers of AWMH.

**Resolution: Proposed that General body appreciate and approve the following proposals:**

- a. Leasing of new space at Mankhurd to shift the existing EIRP center where space shortage has become a constraint for further expansion of services.
- b. To conduct an outdoor event involving PwIDDs and son of Shri. Arvindbhai to build awareness about Empowerment & Inclusion of Persons with Intellectual and Developmental Disabilities.
- c. Strategic partnership with Dalal Family Foundation.
- d. Expansion of MOU with Tata Institute of Social Sciences for Community based inclusive development services in all five early intervention centers.

Proposed by Dr. Dholakia and seconded by Ms. Purnima Shah Passed unanimously.

9. To elect the Managing Committee and President for term of 2019-22 from the list of names approved by the Managing Committee.

It was explained to the Annual General Body that as per the AWMH constitution, AWMH with members strength exceeding 300 members will have 10 elected management committee members and the president. The Managing Committee can further co-opt up to 5 more members.

The president informed the members that Managing Committee had received 9 nominations from members and one nomination has been made for President. The Managing Committee scrutinized the nominations and all were found to be valid. The Managing Committee, after due consideration, recommended all nine nominations for Managing Committee and one nomination for the post of President. The president opined that since there are less than 10 nominations received therefore there cannot be any election. Similarly since Managing Committee received only one nomination and approved only one nomination for the post of president therefore election is not required. The general body unanimously agreed with President opinion. The president introduced the following nine recommended members for election to the Managing Committee:

1. Ms. Nina Parikh
2. Ms. Meena Parekh
3. Ms. Vilur Shapoorjee
4. Ms. Malti Dedhia
5. Ms. Purnima Shah
6. Ms. Suman Kodial
7. Ms. Bharti Ganjawala
8. Mr. Jugal Kishore Agarwal
9. Mr. Kersi Kapadia

The Annual General Body unanimously elected, by show of hands, all the above members to be the members of Managing Committee of AWMH Maharashtra, for the period of years 2019 - 2022.

Thereafter Mrs. Swarupa Modi introduced Cdr. Shrirang N. Bijur, the sole nomination for the post of President of AWMH. Dr. Dholakia also spoke about the outstanding work being done by Cdr. Bijur at National, State and grass-root level for PwIDDs.

The Annual General Body unanimously elected, by show of hands, Cdr. Shrirang N. Bijur for the post of President of AWMH Maharashtra, for the period of years 2019 - 2022.

**10. To consider any other matter with the permission of the chair**

The president told the general body that house is open for members to put forward their point and suggestions. The following point was discussed.

**a. Status of sale of AWMH Pune land**

The President informed the General Body that Charity Commissioner had passed order for sale of land. After that application was submitted to Collector,

Pune. Here the file had gone to various level and the approval was delayed beyond one and a half year. In the meanwhile M/s Sai Developers withdrew their bid, which was permitted as per the tender conditions. The EMD of Rs. 60 lacs was returned back. AWMH applied to the Charity Commissioner again for cancellation of their approval order which was granted.

Meanwhile AWMH have again floated tenders by advertising afresh in four newspapers (English and Marathi newspapers in Mumbai and Pune) inviting bids for the sale of plot of land. These bids will be opened after 10th Sept 2019. The Annual General Body approved the plan to invite bids and sale of land for the purpose of setting up own office and EIRP centers, and using the remaining proceeds for fulfilling the objects of trust by increasing the corpus. The following resolution was passed approving the sale plan and authorizing ex-officio members to sign the sale deed documents after due approval by the government authorities and to sign applications and papers required for obtaining approval from concerned authorities.

“Resolved unanimously that following the withdrawal of the sale of land at GAT No 2415 (Part) of village Wagholi, Taluka Haveli, Pune measuring approximately 3 acres owned by AWMH, Maharashtra on 31-Jan-19, the General Body approves its sale after taking approval from requisite statutory authorities and following due process of tender in the newspapers and bidding by prospective buyers. The amount realized from the sale of the plot is to be utilized for capital expenditure towards purchase of building space in Mumbai for fulfilling the objectives of the Trust and any remaining amount will be added to the Corpus of the Trust after payment of applicable taxes, if any. The General Body further delegates the following members with powers to accept token of sale amount, full and final consideration, powers to sign sale deed, POA, DA etc, powers to apply to the Charity Commissioner for permission under section 36(1) and sign relevant applications and power to apply to the Collector for permission and to sign relevant papers, etc. Any two of the following members can jointly sign on behalf of AWMH, Maharashtra:

1. Cdr. Shrirang N. Bijur (Retd.)
2. Ms. Nina Parikh
3. Ms. Meena Parekh

The resolution was proposed by Ms. Jayna Sheth and seconded by Mr. Kersi Kapadia. Passed unanimously.

## LIST OF DONORS - 2019 -2020

We thank our valued donors for continuing their Support & Commitment -

<b>Donor Name</b>	<b>Amount</b>
<b>GENERAL ACTIVITIES :</b>	
Aesthetic Builders	100000
Ms. Nerges Dodhy	50,000
Mr. Kersi Kapadia	30,000
Ms. Rustam Kapadia	20,000
Mr. Rajiv Shah	15,000
Ms. Charu Vasa	11,000
Air Mshl S. S. Ramdas (Retd)	10,000
Mr. Ravi Parekh	10,000
Ms. Niyati Shah	10,000
Ms. Chandra Advani	10,000
Mr. Vinod Kotak	5,000
Ms. Laila Furtado	5,000
Mr. Kirit Parikh	3,000
Ms. C. Thomas	3,000
Ms. Aarti and Vedika Desai	2,500
Mr. Prashant Taribagal	1,000
<b>EIRP ACTIVITIES</b>	
Wipro Cares	2,000,000
The Dalal Family Charitable Foundation	1,497,934
The Catholic Health Association of India	999,330
Mr. Kirti Vinubhai Patel	500,000
Nihchal Israni Foundation	350,000
Ms. Tanuja Kirti Patel.	250,000
Shree Mumbadevi Mandir Charities	100,000
Sumitra Ramrao Nagarkatti Foundation	50,000
Rotary Club of Bombay Sea Face	30,000
Shape Unit Of Perch Foundation	20,000

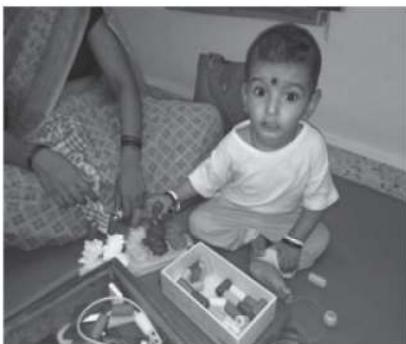
Seth Purshotamdas Thakurdas & Divalibai Charitable Trust	15,000
Ms. Vasanti Majmundar	14,000
Ms. Charu Vasa	10,000
Al Kabeer International	10,000
Dilasagram Social Service Centre	6,000
Mr. Prafull D. Modi	5,000

#### **SPORTS ACTIVITIES**

Pirojsha Godrej Foundation	1,000,000
Rotary Club of Varsova	250,000
Jamnabai Narsee School	192,000
Reis Staffing & H. R. Services Pvt. Ltd	102,000
VDA Infosolution PVT LTD	60,000
Ms. Bharti V. Varade	20,000
Mr. Sameer Balu Gajaria	10,000

#### **RAC ACTIVITIES**

Rotary Club of Bombay Seaface	50,000
Ms. Vilur Shapoorjee	25,000
Dr. Gourpriya D. Koppikar	21,000
Mr. Jugal Kishore Aggarwal	15,000
Ms. Sanyukta Kowshik	10,000
Ms. Charu Vasa	10,000
Mr. Prafull Modi	10,000
Mr. Inderpal Gupta	5,000
Ms. Suman Kodial	5,000
Ms. Mangala A. Chandavarkar	5,000



## SUCCESS STORIES

### Priyanshu Mangesh Bavdane

Priyanshu was referred to AWMH with complaints of delayed physical and speech developmental milestone as evidenced by not standing and walking without support. He did not crawl and speak. Poor interaction with others. The child likes to be surrounded by kids. He plays with them. He likes to see nursery rhymes on mobile.

On evaluation Priyanshu was identified with congenital B/L hearing loss, and suggested for use of adaptive device / Aids by his doctor. On the basis of evaluation goals were set and intervention started.

Occupational Therapist used Neuro developmental and Sensory integration approaches including therapeutic exercises clubbed with playful activities, to achieve gross motor skills like crawling and walking. Core muscles groups are activated through various functional activities in antigravity postures. Biomechanical Approach to Use orthotics to aid in standing and walking was implemented. Functional Activities like rings transfer, ball catching and throwing was given to improve B/L use of hands. Use of sensory stimulation to improve body awareness is being done. Home bound program was explained to the parents for continuing therapy at home. Special Educator used multisensory approach to help Priyanshu improve in coordination, cognition and perceptual skills. Different activities using play way method were used to improve grasp pattern and hand function skills. Group sessions were organized to facilitate social skills of greeting others, sharing toys and reciprocity. Speech Therapist used Child and clinician-oriented approach, to help him develop pragmatic skills like attention and cognition. Different sounds in different direction were used to increase localization with Hearing aid on using ling's six sounds.

Priyanshu has shown good improvement in his areas of concern, he now walks with min. support, holding one hand of mother. He has developed Hand functions and Fine Motor skills were strengthened, as he can put beads, coins and small pegs with respective prehension pattern. He Assist his mother in ADL like eating, dressing, undressing, bathing and toileting. He Communicate using hearing Aid and speaks monosyllabic words like Mama, Papa. He Started going to Playgroup, and participates in every task given by his teacher.

As a result of holistic approach Priyanshu is making remarkable improvement in his all developmental domains.



### **Madhura Praveen Sawant**

Madhura had delay in all his developmental domains and hence referred to AWMH, Early intervention center by one of old parents in the center. Her mother contacted therapist with complaints of being stubborn, doesn't sit at one place, short attention span and doesn't listen to parents. She shows self-absorbed behavior sometimes. She gives poor response to name call. She doesn't maintain eye contact. She bites others and pulls hair. She laughs inappropriately and does rocking. Drooling is present. She has sensory issues. Madhura is also a known case of epilepsy. She started having seizures at one and half years of age. Medications are going on. Regression is observed.

She stays with her parents and grandparents. She shares cordial bond with them. Her father is in service and mother is home-maker. Madhura was evaluated by special educator and occupational therapists, speech therapist in AWMH and on the basis of assessment therapeutic goals were set and intervention started.

Intervention: Special Educator is using multisensory input approach to help Madhura improve in different areas. Different Activities were done to facilitate grasp pattern like transfer of objects in container, putting small pegs in respective holes to improve depth perception and eye hand coordination. Activities using 2 hands together like ball catching and throwing were done to improve bilateral hand use. For improving cognitive and perceptual skill activities such as discriminating and matching objects based on color, shape and size is being done. Group therapy is organized to improve social skills. The Occupational therapist used Neuro developmental Therapy Approach, sensory integrative therapy approach and Cognitive perceptual approach. Proprioceptive stimulations are given to improve muscle tone on therapy ball. Different activities to improve balance and postural control on vestibular board and different moving surfaces were given to stimulate vestibular senses. Cognitive-perceptual training was given using different puzzle activities like blocks, pattern beads etc. The Speech therapist helps Madhura to improve communication and language skills. Oro motor exercise for lip, tongue, cheeks like make big smile. Relax and repeat, moving jaw up and down, cheeks massage and tapping.

Madhura is showing good improvement in her areas of concern. Her walking has improved considerably, as she looks for an obstacle on her way, her posture has improved relatively erect. She has improved cognitive skills, he recognizes toys used daily in sessions and express her likes and dislikes to play, she likes to play with ring stand most. She has improved communication skills, and express her needs through gesture. She expresses emotions like anger and fear. She discriminates between familiar persons and strangers.



### **Jitesh Sandeep Harad**

Jitesh is 2year, 10 months old boy child referred to AWMH with complaints of delayed physical and speech developmental milestone as evidenced by not standing and walking without support. He did not speak.

Jitesh stays with his parents, grandparents, uncles and aunts. He shares cordial bond with them. His father is in business and mother is home-maker. He likes to be surrounded by kids. He can mix up with children of his age. He sometimes hits other children.

Jitesh was evaluated by Occupational Therapist, Special Educator and speech therapist in AWMH to address Motor, cognitive, social, communication

and self-care development. On the basis of evaluation goals were set and intervention started.

Occupational Therapist used different approaches including therapeutic exercises clubbed with playful activities, to achieve gross motor skills like walking. Core muscles groups are activated through various functional activities in antigravity postures. Use of sensory stimulation to improve body awareness is being done. Special Educator used multisensory approach to help Jitesh improve in co-ordination, cognition and perceptual skills. Different activities using play way method were used to improve hand function and Fine motor skills. Group sessions were organized to facilitate social skills of greeting others, sharing toys and reciprocity. Speech Therapist used child and clinician-based approach. Oro-motor exercises of lips like Lip protrusion, retraction and closure were taught. Tongue exercises were done in front of mirror with jaw movements taught. Cheeks massage and tapping on cheeks were done to increase tone of facial musculature. Flash cards were used to increase vocabulary and sounds.

Jitesh is showing good improvement in his areas of concern, he now walks without support with fair balance. Babbling has improved and he started speaking monosyllabic kinship words like mama, papa, dada, didi, aji etc. He also started speaking interactive words like De(give), Ghe(take) in meaningful manner. He imitates animal and vehicle sounds. He enjoys plying rhymes. His interaction with other people and children in center has increased and he likes to play in the room and with other children in group sessions.

**REPORT OF AN AUDITOR RELATING TO ACCOUNTS  
AUDITED UNDER SUB-SECTION (2) OF SECTION 33 & 34  
AND RULE 19 OF THE BOMBAY PUBLIC TRUSTS ACT.**

Registration No Name of the Public Trust	Regn No: F-3397(Mumbai) Association for the Welfare of persons with a Mental Handicap in Maharashtra
For the year ending	31st March 2020

a	Whether accounts are maintained regularly and in accordance with the provisions of the Act and Rules	Yes
b	Whether receipts and disbursements are properly and correctly shown in the accounts	Yes
c	Whether the cash balance and vouchers in the custody of the manager or trustee on the date of audit were in agreement with the accounts	Yes
d	Whether all books, deeds, accounts, vouchers or other documents or records required by the auditor were produce before him	Yes
e	Whether a register of movable and immovable properties is properly maintained, the changes therein are communicated from time to time to the regional office, & the defects & inaccuracies mentioned in the previous audit report have been duly complied with	Yes
f	Whether the manager or trustee or any other person required by the auditor to appear before him did so and furnished the necessary information required by him	Yes
g	Whether any property or funds of the Trust were applied for any object or purpose other than the object or purpose of the Trust	No
h	The amounts of outstandings for more than one year & the amounts written off, if any	No such cases
i	Whether tenders were invited for repairs or construction involving expenditure exceeding Rs 5000	Yes
j	Whether any money of the Public trust has been invested contrary to the provisions of sec. 35 ;	
k	Alienations: if any, of the immovable property contrary to the provisions of Section 36 which have come to the notice of the auditor	No
l	All cases of irregular, illegal or improper expenditure, or failure or omission to recover monies or other property belonging to the public trust or of loss or waste of money or other property thereof & whether such expenditure, failure, omission, loss or waste was caused in consequence of breach of trust or misapplication or any other misconduct on the part of trustees or any other person while in the management of the trust	No such cases
m	Whether the budget has been filed in the form provided by rule 16A	Yes
n	Whether the maximum and minimum number of the trustees is maintained	Yes
o	Whether the meetings are held regularly as provided in such instrument	Yes
p	Whether the minute books of the proceedings of the meeting if maintained	Yes
q	Whether any of the trustees has any interest in the investment of the trust	No
r	Whether any of the trustees is a debtor or creditor of the trusts	No
s	Whether the irregularities pointed out by the auditors in the accounts of the previous year have been duly complied with by the trustees during the period of audit	Nil
t	Any special matter which the auditor may think fit or necessary to bring to the notice of the Deputy or Assistant Charity Commissioner	Refer General remarks

For HNM & Company  
Chartered Accountants

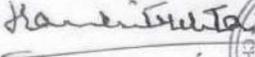


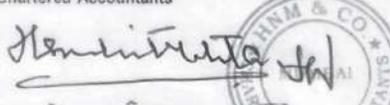
*Harshit Mehta*  
CA Harshit Mehta  
Proprietor  
M No: 116236  
UDIN: 20116236 AAAABT7252

Place: Mumbai  
Dated: 19.09.2020

**General Remarks**

- Rs 60 lacs taken in earlier years under CRVR (SVTC) for pune land as deposit, refunded back in the current year
- WIPRC's donation of Rs 17.48 lacs received in March 2019 shown as Advance Income under Current Liability as per committee

ASSOCIATION FOR THE WELFARE OF PERSON WITH A MENTAL HANDICAP IN MAHARASHTRA					
BALANCE SHEET AS ON 31st MARCH 2020					
LIABILITIES	31.03.2020	31.3.2019	ASSETS	31.03.2020	31.3.2019
			Amount (Rs.)		
<b>Trust Corpus</b>			<b>Immovable Property</b>		
Opening Balance	2,812,595	2,828,595	Land at Pune	609,746	609,746
Add: Addition during the year	-		Investments	7,850,000	10,089,671
			Accured interest	339,671	
<b>OTHER EARMARKED FUNDS</b>			<b>Furniture &amp; Fixtures</b>		
Flagunu Shah Memorial Fund	300,000	300,000	Opening Balances	398,940	300,776
Pratap Saraiya Sport Fund	100,000	100,000	Addition during the year	139,324	160,555
Earmarked Fund for Research	856,102	856,102		538,264	461,331
Project Equipment Fund	20,000	20,000	Less: Depreciation	77,723	62,391
Thelma Johnson Hostel Fund	41,767	41,767		460,541	398,940
Other Corpus Donation	2,313,450	2,297,450	<b>Advances &amp; Deposits</b>		
<b>LIABILITIES</b>			T D S on BOB	9,424	
Service Bond	8,000	8,000	T D S on HDFC	62,065	
Advance for Pune Land	5,514,400	-	Deposits	401,000	405,000
Advance Donation Recd.- Wipro	2,000,000	1,748,488	United Way of Mumbai Deposits	4,000	4,000
Profession Tax payable	40,900		TDS	44,110	88,324
Cooking competition Advance	250		TDS on Rent NB	3,519	
			Telephone Deposits	2,000	
<b>INCOME &amp; EXPENDITURE A/C.</b>			<b>Cash &amp; Bank Balances</b>		
Opening Balance	4,516,407	3,379,993	Cash in Hand	7,230	7,279
Add: Surplus during the year	1,386,048	1,136,414	Bank Balances	10,110,613	1,113,849
			Advances	6,000	
<b>Total Rs.</b>	<b>19,909,919</b>	<b>12,716,809</b>	<b>Total Rs.</b>	<b>19,909,919</b>	<b>12,716,809</b>
As per our report of even date					
For HNM & Company Chartered Accountants			For. AWMH in Maharashtra		
  CA Harshit Mehta Proprietor M. No: 116236 Place: Mumbai Dated: 19.09.2020			 (Trustees) Place: Mumbai Dated: 19.09.2020		

ASSOCIATION FOR THE WELFARE OF PERSON WITH A MENTAL HANDICAP IN MAHARASHTRA					
INCOME & EXPENDITURE A/C. FOR THE YEAR ENDED 31st MARCH 2020					
Expenditure	31.03.2020	31.3.2019	Income	31.03.2020	31.3.2019
Amount (Rs.)					
<b>To Establishment Expenses</b>			<b>By Interest</b>		
Audit fees	21,850	17,700	Bank Interest	53,161	108,428
Bank Charges	11,814	8,714	Interest on Investments	714,879	1,229,416
Conveyance	39,365	46,401	Interest on TDS refund	2,086	
Depreciation	77,723	62,391	<b>By Donations</b>		
Electricity Exps.	16,750	11,003	Donation	5,504,922	5,024,158
Meeting Exps	65,450	70,474	Cooking Competition	-	32,000
Clinic Exps	9,195	13,962	Cnicket Competition	141,000	194,000
Membership & Subscription	7,500	7,500	Table Tennis Competition	301,000	327,000
Miscellaneous Exps	6,065	64,465	Foreign Donations ( FCRA )	1,749,331	1,427,513
Postage & Courier	6,873	1,755	<b>By Other Income</b>		
Printing & Stationery	40,712	69,815	RAC Membership Fees	17,000	15,000
Profession Tax of Employees	40,900	42,500	Sport Membership Fees	19,000	15,000
Office Exps	29,479	3,819	Toy Library	-	150
Professional Charges	19,760	6,030	Welfare Funds	18,300	23,700
Repairs & Maintenance	45,280	49,996	Annual Membership Funds	5,000	2,900
Pune Land Exps	50,781	38,398	Cooking Competition Fees		3,750
Workshop Exps	4,918	25,170			
Legal Fees	9,272	83,581			
Accounting Charges	42,500	48,000			
Staff Welfare Exps	64,969	72,543			
Locker Rent	3,540				
Int. on TDS	184				
<b>To Expenses towards object of Trust</b>					
Diwali Party Exps	67,213	15,970			
Hospitality	-	10,500			
Awareness Creation Exps.	3,998	73,622			
Project Exps	44,964	6,013			
Annual Party	65,450	68,393			
Salary	4,453,557	4,317,443			
Speech Salary ( Cipla )	-	298,016			
Cooking Competition Exps	-	30,687			
Cnicket Competition Exps	456,515	342,662			
Table Tennis Exps.	298,296	248,424			
Incentives	-	145,535			
Telephone Charges	48,181	57,579			
Donation Given	3,500	4,000			
Travelling Exps	-	36,329			
Rent Exps	976,442	867,210			
Advertisement Exps	81,634				
Library Cum Welfare Centre	25,000				
Surplus C/F to Balance sheet	1,386,049	1,136,415			
<b>Total Rs.</b>	<b>8,525,679</b>	<b>8,403,015</b>	<b>Total Rs.</b>	<b>8,525,679</b>	<b>8,403,015</b>
As per our report of even date					
For HNM & Company Chartered Accountants			For. AWMH in Maharashtra		
  CA. Harshad Mehta Proprietor M No 116236 Place Mumbai Dated 19.05.2020			 President Place Mumbai Dated: 19.09.2020		

← RAC →



SPORTS

