

AWMH



AWMH

M A H A R A S H T R A



44th

ANNUAL REPORT 2017 - 2018

ASSOCIATION FOR THE WELFARE OF
PERSONS WITH A MENTAL HANDICAP
IN MAHARASHTRA

← EIRP →



Vision

To endeavor to bring persons with Intellectual and Developmental Disabilities into the main stream of Society and to enable them to live as independently as possible, within their families and within Society, with self-confidence, self-respect and dignity.

Mission

In order to fulfill and realize the Vision, to do everything such as Creating Awareness, Prevention, Early Detection, Early Intervention, Pre-school Stimulation, Vocational Training and Economic Rehabilitation, Social Security, Self- Advocacy, Counseling and Guidance, and other Welfare Activities for Persons with Intellectual and Developmental Disabilities, through Community Based Rehabilitation (CBR).

Organization

Association for the Welfare of Persons with a Mental Handicap in Maharashtra (AWMH Maharashtra) is a Not-for-Profit, Non-Governmental Organization, a Parents' Association working, for the last 44 years, for the welfare and rehabilitation of persons with Intellectual and Developmental Disabilities, including those with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities. It was started in 1974 as a counseling and information Center, to extend moral and emotional support to mothers and families having children with Intellectual and Developmental Disabilities. Since then AWMH has grown. Our members consist of parents, concerned individuals, Parents' Associations and Institutions working in the field of Intellectual and Developmental Disabilities, throughout the State of Maharashtra.

Activities, Programs and Services of

A W M H - Maharashtra

- ❖ **Early Intervention**
- ❖ **Pre-school Stimulation**
- ❖ **Sports**
- ❖ **Recreation**
- ❖ **Enabling Social Inclusion & Self Advocacy**
- ❖ **Counseling parents**
- ❖ **Workshops & Seminars for Awareness & Advocacy**
- ❖ **Collaboration with Government on Policy Formation**

*** ADMINISTRATIVE OFFICE ***

**B. M. C. Marathi Primary School, First Floor,
Khetwadi 1st Lane, S. V. P. Road,
Mumbai - 400 004.
Tel No: (022) 23889956 / 23889814
E-mail: awmhmaharashtra@gmail.com
Website: www.awmh.org**

*** EARLY INTERVENTION PROJECT (EIRP) CENTERS ***

1. **AWMH-EIRP Clinic**
B. M. C. Marathi Primary School,
Ground Floor,
Khetwadi 1st Lane,
S. V. P. Road,
Mumbai - 400 004.
2. **AWMH-EIRP Clinic**
106, Bhaveshwar Arcade Annexe,
LBS Road, Nityanand Nagar,
Ghatkopar (West),
Mumbai - 400 086.
3. **AWMH-EIRP Clinic**
3/4, Mahavir Apartments,
D/11, Parashwanath Nagar /
Sarvodaya Nagar,
Mulund (W),
Mumbai - 400 080.
4. **AWMH - EIRP Clinic**
Shri Dombivali Manav
Kalyan Kendra Hospital,
Sharda Apartments, 2nd Floor,
Joshi Wadi, Tilak Nagar,
Dr. Rajendra Prasad Road,
Dombivali (W),
Dist: Thane - 421 202.
5. **AWMH - EIRP Clinic**
Chhatrapati Shivaji Maharaj CHS
Block No. 102, Bldg No. 2-A, MHADA Project,
PMGP Colony, Mankhurd, Mumbai - 400 088.

*** RECREATION ACTIVITIES CENTER (RAC) ***

**Villa Theresa High School.
Peddar Road, Mumbai - 400 006.**

*** SPORTS COACHING CENTER ***

**Sports Recreation Center
Evershine Nagar, Link Road, Malad West,
Mumbai - 400 064.**

▣ Registered under Societies Registration Act, 1860,
Registration No. 194/74 GBBSD, dated 20th July 1974.

▣ Registered under Bombay Public Trust Act, 1950,
Registration No. F - 3397 (Bombay), dated 11th October, 1974.

▣ Registered under Foreign Contribution (Regulation) Act, 1976
Registration No. 083780810, dated 21/09/2001.

▣ Registered under Persons with Disability Act 1995
Registration no. A - 1067 dated 02/01/2017.



*** PATRONS ***

Mr. Gerson da Cunha
Air Marshal S.S. Ramdas, PVSM, AVSM, VSM (Retired)



*** MANAGING COMMITTEE MEMBERS : 2016 - 19 ***

Cdr. Shrirang N Bijur (Retd.) – President

Ms. Miriam Kanga - Immediate Past President	Ms. Purnima Shah
Ms. Nina Parikh - Vice President	Ms. Alka Bagdadi
Ms. Meena Parekh – Secretary	Mr. Anand Kumta
Dr. Sunny Pariyaram - Treasurer	Ms. Bharati Ganjawalla
Ms. Vilur Shapoorjee	Ms. Suman Kodial
Mr. Kersi Kapadia	Ms. Jayna Sheth
Mr. Jugalkishore Aggarwal	Ms. Malti Dedhia



*** TRUSTEES ***

Mr. Rajesh Durgani (Chairman)
Ms. Usha Savara
Ms. Swarupa Modi
Mr. Narendra V. Mehta

*** ADMINISTRATIVE OFFICE STAFF ***

Mr. Nitin Baidur – Head, Funding & Logistics

Ms. Tanuja Shinde – Senior Office Executive

Ms. Kishun Jaiswar–Office Executive

Mr. Naresh Shinde– Office Assistant

Ms. Usha Gohil - Office Assistant



*** EIRP ***

*** SUB-COMMITTEE ***

Cdr. Shrirang Bijur - Chairperson

Ms. Miriam Kanga

Ms. Meena Parekh

Ms. Purnima Shah

*** STAFF ***

Dr. Shital Fulzele - Coordinator

Occupational Therapists

Dr. Shital Fulzele

Dr. Sheetal Aidale

Dr. Vandana Giri

Special Educators

Ms. Snehal Bhogle

Ms. Nita Nanandkar

Ms. Rakhi Mahadik

Ms. Rashmi Tambe

Ms. Jyotsna Jaiswar

Ms. Kanchan Harad

Ms. Suchitra Jaiswar

Speech Therapists

Ms. Shraddha Shaniware

Mr. Shubham Shaniware

Clinical Psychologist

Ms. Anaya Modgi

Helpers

Ms. Jayshree Tamore

Ms. Sujata More

Ms. P. Suryavanshi

Ms. Sunita Khandagale

Ms. Madhavi Patange

*** RECREATIONAL ACTIVITIES CENTER (RAC) ***

Ms. Maltiben Dedhia - Coordinator

Sub-Committee

Ms. Swarupa Modi
Mr. Jugalkishore Aggarwal

Ms. Vilur Shapoorjee
Mr. Dhanraj Kotak

Volunteers

Ms. Nina Parikh Mr. John Fernandes
Mr. Anand Kumtha Ms. Jaynaben Sheth

Ms. Anila Shah
Ms. Suman Kodial



*** SPORTS ***

Mr. Ravi Bagdi - Sports Director

Ms. Meena Parekh- Coordinator

Sub-Committee

Dr. Sunny Pariyaram Dr. H. T. Dholakia Ms. Miriam Kanga
Ms. Manisha Gawande Ms. Aarti Malekar

Volunteers

Ms. Ujwala Gaikwad Ms. Sakshi Ahire Ms. Chaitra Uchil

ANNUAL REPORT 2017 - 18

The Managing Committee of AWMH Maharashtra is pleased to present the **44th Annual Report** of the Association, along with the Audited Statement of Accounts for the Financial Year 2017-18.

The year 2017-18 was a remarkable year for AWMH where we expanded our operations adding more value based offerings in our bouquet of services for children with delayed development. Towards this end we are happy to inform you that today AWMH is considered as one of the most progressive institution in the field of early intervention and many young professionals look forward to serving our organization. AWMH on its part have engaged a multi-specialty team for providing early intervention care to children. We have special educators, occupational therapists, clinical psychologist, speech pathologists, behavioral modification expert and masters in social work (MSW) students from TISS doing internship in our early intervention centers.

We also critically looked at the reasons that prevent many economically weaker section of parents to avail our services regularly for their children and we tried to support them with totally free service, reimbursement of to and fro expenditure, and providing best of custom made orthotics so that the children benefit from our early intervention support to maximum extent.

Another feather in AWMH's cap this year is that all our major donors/ funding agencies (including corporates and international agencies) appreciated the quality and intent of AWMH work and its relevance and critical requirement for the stakeholders. Almost all of them have committed to increase their funding to AWMH which is a big achievement considering that foreign donors are now a days concentrating more on the African continent.

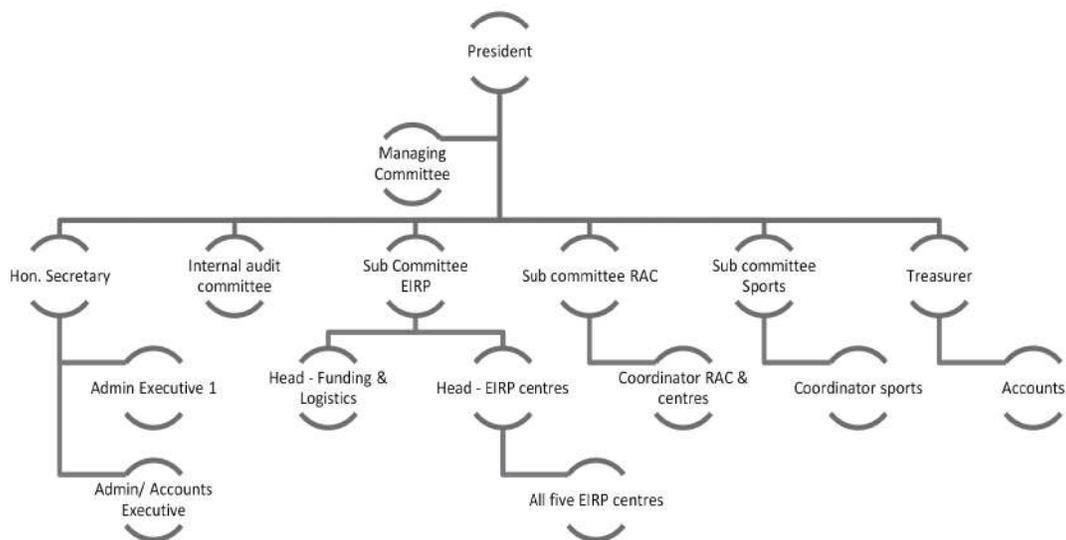
In sports we have maintained high standards in conducting State Level Cricket and Table Tennis Tournaments. There has also been increased emphasis on coaching the children with intellectual disability in whatever sport they show interest.

The RAC Center has maintained a good relationship with Villa Theresa School. There were occasions where the school students volunteered to take part in sports and cultural activities with RAC members. The principal and management of Villa Theresa has been very supportive and actively participative in our activities.

NEW INITIATIVES

1. AWMH opened a new EIRP center at Ghatkopar since the earlier centre was located in a very old and dilapidated building in Sarvodaya Hospital. The hospital was unable to offer us better accommodation. Therefore AWMH not only shifted the Sarvodaya Hospital Center to a newly constructed premises but also found a funding agency for offsetting the rental expenditure. The new center has shaped very well and is getting good number of patients.

2. Based on the requirement of children with neuro developmental disabilities who come to our Early Intervention Centres, we decided to provide them with high quality light orthotics. This is going to be a turning point for the children to overcome physical/ neuro-disability.
3. Many children coming to our EIRP centres required specialist care and expert opinion for overcoming developmental delays. Therefore we engaged a renowned Neuro-pediatrician who examined our children and provided her specialist opinion for reference to our early intervention staff.
4. We have signed a Memorandum of Association with Tata Institute of Social Sciences (TISS), Donor for reaching out to slum areas of M15 ward and also to adopt practicing community based rehabilitation. This is working out very well at Mankhurd center. Today our Mankhurd center gets large number of regular patients. TISS and AWMH stands to acquire valuable experience with each other's association.
5. AWMH introduced principles of self-advocacy in the conduct of its RAC program where in Self advocates (persons with disability) have assumed responsibility for planning the event and later executing the program with support from volunteers.
6. We have also introduced an organization structure to support future requirements of expansion, internal audit and funding requirements.



TRAINING & AWARENESS BUILDING

7. AWMH facilitated conducting of two day training program on “Social Role Valorization” a concept that promotes inclusion and independent living of persons (to the extent possible) with intellectual disability. The 35 leaders of

disability sector in Maharashtra participated and gained good knowledge on this core subject of self-advocacy among PwIDDs.

8. AWMH enabled various government departments in districts and Commissioner for Persons with Disabilities, Maharashtra, to sensitize and create awareness among its district and head office staff & officials regarding importance of early intervention and self-advocacy in the life of children and adults with intellectual disability.
9. AWMH continued its in-house training of early intervention staff by associating one of the best leading occupation therapist (Dr. Anjali Joshi) of the country. Now there is a training/ demonstration session for all EIRP staff by Dr. Anjali Joshi every month.

COLLABORATION WITH GOVERNMENT

10. AWMH leadership has remained closely associated with Govt. of Maharashtra for drafting State Policy for Persons with Disability. The policy is in the final phase of long process of public consultations and inter departmental review.
11. AWMH leadership has remained associated closely with state government for drafting rules for Rights of Persons with Disability Act, for speedier and smooth implementation.
12. AWMH based on their early intervention experienced worked with Maharashtra government towards forming a scheme for the state and rolling out of DEICs in districts. We provided technical assistance where ever required.

STATUTORY COMPLIANCES

13. Charity Commissioner approval was received for sale of Pune land. This came after over 4 appearances in Jt. Charity Commissioner's court. AWMH appreciate the transparent and cooperative process followed by Jt. Charity Commissioner in disposing our application with a favorable order that takes care of all the legitimate interests of AWMH.
14. We also applied and received registration of AWMH, Maharashtra with Niti Ayog under Darpan scheme.
15. We have applied to the Collector, Pune district, for approval to sell the land, as stipulated in the collector order when he issued NA for AWMH plot of land.

FINANCIALS

16. AWMH remains financially sound and was able to open two new EIRP centers, on market rental basis, without drawing any amount from corpus of fixed deposits. This year we had Rs. 61,723/- of excess of income over expenditure.
17. AWMH added one large corporate donors (CIPLA Foundation) and one large private trust (Nayan Dalal Family Foundation) who are likely to be our benefactors in long terms.

A. REPORTS OF DEPARTMENTS :

❖ EARLY INTERVENTION PROJECT (EIRP)

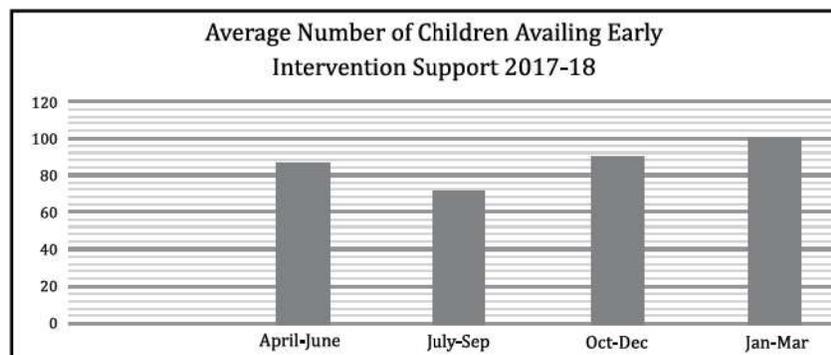
Our Early Intervention Centers are located at Khetwadi, Mankhurd, Ghatkopar, Mulund and Dombivali in Mumbai / Suburbs. Each Center has a qualified Occupational Therapist and a Special Educator. In addition shared specialist resources are deployed in these centers as per requirement. Every Early Intervention Center is equipped to identify and meet children's needs in six developmental areas. – Physical, cognitive, communication, social, behavioral and emotional development.

The following initiatives during the past year helped us build robust and dynamic Clinics, designed to provide child-parent-centric therapy-

1. One dedicated Occupational Therapist (doctor) to provide specialized care in each Center.
2. Emphasis on holistic assessment and developing joint strategy (by Occupational Therapist and Special Educator) resulting in **trans-disciplinary approach** for the benefit of the children.
3. **Continuous assessment** of child and peer review for any addition / alteration in the development program.
4. **In-house Staff training programs** and group case study sessions every month to update staff knowledge and jointly diagnose difficult cases.
5. Orientation talks to enhance customer (children and parents) focus among EIRP Staff.
6. A **toy library** for deprived special children.

➤ Disability Spectrum & Number of Children :

We had a wide spectrum of developmental disabilities which were taken up with due consultation with referral physicians and specialists. For many challenging cases all Occupational Therapists got together to devise a treatment plan. Apart from mental and physical disabilities, Autism, Down's Syndrome, ADHD and Delayed Milestones, many of the children suffered from Cerebral Palsy, Seizures, Muscular Dystrophy, Hemiplegia, Paraplegia, Birth Asphyxia, Microcephaly, Hydrocephaly, Congenital Hydrocephaly, Global Developmental Delay and Learning Disability.



➤ **Awareness Generation & Home Visits :**

Our EIRP staff went out to meet medical practitioners, private hospitals, charitable clinics and schools in Ghatkopar area to apprise the professionals about Early intervention requirement and its criticality for children with delayed milestones. These professionals are generally the first point of contact for parents of such children and should be able to give correct advice and guidance to parents.

The EIRP teachers and therapists also visited homes of children in the slum areas. They observed the social, economic and family environment in which the child is growing. This helped them to modulate the Individual Activity Plan on a personalized basis for each child. Further, the Staff could also plan parent training & counseling based on their observations during the home visits.

➤ **Travel Fare For Deserving Cases :** Some poor families are unable to bring their children to our EIRP center due to lack of monetary resources to pay travel fare or loss of wages for the day. It was therefore decided by Executive Committee to provide/ reimburse travel fare for such deserving cases.

➤ **Training of Parents and Community Volunteers :**

- Parents of children are trained to give therapy at home..
- A home bound plan is formed in close coordination with parents so that whenever the child misses the therapy session he/ she can be given requisite therapy at home.
- Awareness sessions are conducted for group of parents to make them aware about importance of early intervention, inclusive schooling, self-advocacy etc.

➤ **In-service Training of EIRP Staff :**

- **Nuances of Speech Therapy :** Ms. Ruchita Mehta took two sessions of one day each where she trained our special educators and occupation therapists on nuances of speech therapy and some basic principles and their applications. She also saw 4 patient children during each session.
- **Autism Intervention Techniques :** Ms. Niyati Kodial works in a special school in London as a resource teacher and has experience in handling AHSD children. She discussed the techniques and their application.
- **Occupational Therapy application & techniques :** Dr. Anjali Joshi takes a day session every month for training EIRP staff and providing guidance on sensory integration. She also takes up 5 typical cases every month as demonstration of OT techniques for training special educators.

Training Conducted By EIRP Staff

- **Training Conducted at Kolhapur :** Dr. Sheetal and Dr. Vandana went

to conduct one day training program for 60 Special Educators, Rehabilitation Workers and Vocational Instructors attached to Samanvaya, Kolhapur. Samanvaya is the Wing of Sangli Mission Society, dedicated to training and rehabilitation of persons with a disability. The workshop was a tremendous success.

- **Training for Smaaj Kalyan Officials :** Dr. Shital was again invited to present to an audience of officials of Samaaj Kalyan departments from all over Maharashtra about Early Intervention care for children with developmental disabilities.

➤ **Shifting of Ghatkopar Center from Sarvodaya Hospital to Bhaveshwar Arcade, Ghatkopar :**

Our center in Sarvodaya Hospital was located in a building whose condition was not good for habitation and running the EIRP center. There were many rounds of discussion with hospital trustees but at the end the space offered by them was not considered hygienically suitable for setting up EIRP center. Therefore we decided to shift and located a good space after hectic efforts by Mr. Nitin Baindur. The center has been shifted and smartly developed to be of better standard than what existed in Sarvodaya Hospital. The Dalal Family Foundation, USA, is supporting the set up and operations at the new Ghatkopar center.

➤ **Repairs of EIRP Centres at Khetwadi, Mulund and Dombivali :**

These centres required repairs and painting which was carried out and centers redecorated to welcome children in a happier and congenial environment.

➤ **Mankhurd Center Operating at Full Capacity :**

Last year AWMH started Mankhurd center with support from Hamara Ghar Trust. The center is running to its full capacity. The center has benefited from the grass root level identification support and making Early Intervention service as a community initiative. The interns from TISS have been making home visits and carrying out requisite survey. They are accompanied by EIRP staff on as required basis. It is planned that the awareness among the slum community will be raised to a level that early intervention for children with delayed mile stones will be sought by the parents through community initiative and community volunteers. In addition parents are being trained to act as agent of change within their community for prevention, detection and early intervention care.

➤ **Visitors :**

- **WIPRO Cares team** visited Mulund center and witnessed group therapy sessions and also Rakhsha bandhan festivities.
- **The Dalal Family Foundation USA :** Ms. Toral Mehta, Project Coordinator of the Dalal Family Foundation visited two EIRP centers namely, Ghatkopar and Mulund centers. She asked many relevant queries and also made some

useful suggestions. Ms. Mehta had earlier attended EIRP annual party 'Nanhe Ustaad'.

- **CIPLA team** visited Khetwadi center and were glad to see both one to one therapy, sensory integration and play sessions.
- **Rotary Club of Bombay Seaface** visited the Khetwadi Center. They interacted with staff and parents and enquired about equipment and appliances required for the children. Subsequently these were provided to the center.
- **Nihchal Israni Foundation** : Mr. Mahinder Punwani from Nihchal Israni Foundation visited AWMH and provided useful tips for management of EIRP centers.
- **Vatsalya Trust, Khanjurmarg**, also visited Khetwadi office and discussed requirements of aid & appliances for the children which they have sponsored.
- **Internship Training Visit by TISS students** : A group of seven interns who are doing their Masters in Disability Studies at TISS visited various centers in October - December 2017. Later in the month three students doing their Post-graduation studies in Inclusive Education also visited the Center.

➤ **Activities during festivals – Social Inclusion & Integration :**

Festivals are the life-line for enjoyment and merry-making among all children. Above all, they provide the social interaction, team play necessary for promoting future inclusion of these children in Society.

Independence Day : The entire Staff along with the children and their parents assembled at their respective Centers at 10:00 am. The rooms were earlier decorated with balloons and flags made by the children themselves. The National flag was hoisted to the tune of the National anthem followed by the chorus of that inspiring song, **Sare Jahan se Achha**, Games were played and sweets and chocolates distributed.

Raksha Bandhan : All children came to their respective Centers dressed in colorful clothes. Girls tied Rakhees, made by the children themselves on the preceding day, to the boys who then gave gifts to their "Rakhee sisters"!

Dahi Handi : Children came to their Centers dressed as Krishna and Radha. An earthenpot filled with chocolates and hung by a rope at a height was broken, and the children exulted as the chocolates and sweets rained upon them. The whole environment was filled with joy and cheer!

➤ **Annual Party – Social Integration & Parent Involvement :**

NANHE USTAD, The AWMH, EIRP Annual Day 2017-18 was held on 13th Jan 2018, at Mancherji Joshi Hall, Dadar, Mumbai. This is the most awaited function for all children, parents and team of Early Intervention. All children had shown their talents in different ways through colorful Fancy dress Show

and Dance where parents also participated enthusiastically. The function was grand success and attended by total of 273 people (214 parents and children, 35 committee members and other invitee and 24 people from staff) this occasion was also graced by committee members, EIRP staff and RAC members and children. Sr. Amy Rodrigues, Current Principal of Villa Theresa Girls High School was invited as Chief Guest.

There were many items and performance put up by children, parents and EIRP staff were appreciated by all and one. These included

- **Fancy dress competition** : All kids were dressed up in different characters. Kids enjoyed as they get to wear fun costumes and walk and have fun.
- **Group dance** performance by children and parents followed by
- **Fancy Dress competition** : This was followed by prizes for children & parents for their year long dedication and commitment towards early intervention.

➤ **Best Child :**

Center	Best Child therapy	Best child playgroup
Khetwadi	Asad Khan	Bushra Ansari
Ghatkopar	Hamdaan	Reyaan
Mulund	Shreya Devare	Sparsh Koli
Dombivali	Arnav Jadhav	Sakshi Bhatt
Mankhurd	Noman Sheikh	Ayushi Hande

➤ **Best parents :**

Center	Best parent trainee	Best Parent therapist
Khetwadi	Hamdaan's mother	Asad's mother
Ghatkopar	Ms. Jyoti Jadhav (Ansh's mother)	Adarsh's mother
Mulund	Ms. Samiksha Choughale (Sai's Mother)	Ms. Divya Mane (Chakuli's mother)
Dombivali	Ms. Chitra Marar	Mrs. Geeta Gupta
Mankhurd	Ms. Sujata Mane	Ms. Gudiya Prajapati

The following benefactors and sponsors of Nanhe Ustad event were thanked for their time and committed resources:

Mrs. Narges Dodhey for providing Hall, sound system and snacks free of cost; snacks were arranged by Mr. Thakkar.

Mrs. Kalindi Kodial and Ms. Priya Bijur for wonderful anchoring the entire program.

Mrs. Suman Kodial for helping with registrations at the registration counter.

Mr. Ravi for freezing memorable moments in print with beautiful photographs.

Mr. Chandrashekhar Baidur for the videography.

Sister Amy for gracing the program as Chief guest.

International Finance Corporation (World Bank Group) for donating useful equipment for the 5 EIRP Centers.

❖ **SPORTS**

➤ **Maharashtra State Cricket Tournament for Special Schools**

AWMH Maharashtra organised 13th Maharashtra State knockout Cricket Tournament for the special schools in Maharashtra at Goregaon Sports Club and Prabodhan Krida Bhavan held on 24th & 25th January 2018. Team were categorized into Higher Ability and Lower Ability A & B Groups. From 13 districts of Maharashtra 60 schools with 260 students (16 teams) & 50 teachers participated in the tournament. The final tournaments were held in Goregaon Sports Club with full fledged commentary, score board and other arrangements. The Chief Guest for the Ceremony was **General Rajiv Edwards, General Officer Commanding - Maharashtra and Gujarat area.**

This year the teams were grouped in three categories Higher Ability and Lower Ability was divided into two sections A and B Group. The Cash prize was awarded to the winner and runner up in all the three categories. Cash prizes were awarded to the best batsman, bowler, fielder and man of the tournament in all the three categories. All the participating teams were given full cricket kit (Track Pant, T-Shirt and cap) which was jointly sponsored by Ms. Lajju Devang Vora, Mr. & Mrs. Bhupendra Gandhi and Parents Body. Keeping into consideration the Special Olympics motto, "Every participating child is a winner", AWMH Maharashtra awarded gold and silver medal to winners and runners up and participating medal and certificate to all the players.

The Lodging and boarding facilities for three days for approximately 104 students and 30 teachers from outstation schools were at Punarvas Special School. Students participating in the tournament were served with heavy snacks and lunch on the day of the competition at two different venues. The breakfast was sponsored by Landmark Restaurant for 260 students, teachers, officials, and groundsmen. Lunch for two days at two different venues was sponsored by VDA Infosolution Pvt. Ltd. (Mr. Deepak Jadhav and Ms. Nisha Jadhav). Snacks and juice was sponsored by Goregaon Sports Club at the time of closing ceremony. The bus facility from Punarvas School to the venue and back was given by V. D. Indian Society. The Shamiana at Prabodhan Krida Bhavan by Shashikant Decorator and at Goregaon Sports Club by Dinesh Decorator was provided with a nominal charge. The ground was provided free

of charge by Prabodhan Krida Bhavan and Goregaon Sports Club for the tournament.

Result of 13th Maharashtra State Cricket Tournament

Lower Ability Group – A Group

Winner Team	: Mumbai City
Runner up	: Mumbai Suburb
Best Batsman	: Saurav – Mumbai Suburb – 39 not out in 26 balls
Best Bowler	: Deep M – Pen – 3 – 0 – 15 – 5 wkts.
Best Fielder	: Paresh – Bhiwandi
Man of the Tournament	: Noil M – Mumbai City – 87 runs in 3 matches & 4 wkts in 21 runs

Lower Ability Group – B Group

Winner Team	: Vasai
Runner up	: New Mumbai
Best Batsman	: Rizwan – Mumbai Suburb – 25 not out in 24 balls
Best Bowler	: Mahendra – Navi Mumbai – 3 – 0 – 12 – 3
Best Fielder	: Tanish – Vasai – 7 runout in 2 matches
Man of the Tournament	: Dhruv – Mulund – 32 not out in 26 balls & 2 wickets in 18 runs

Higher Ability Group

Winner Team	: MDC Home
Runner up	: Mumbai Suburb
Best Batsman	: Kashinath – MDC Home – 30 runs in 23 balls
Best Bowler	: Miraj S. – Mumbai Suburb – 2 – 0 – 17 – 2
Best Fielder	: Akash – MDC Home
Man of the Tournament	: Miraj Shaikh – Mumbai Suburb

➤ Encouraging Sports in Special Schools :

AWMH Maharashtra started sponsoring the sports kit to the two schools in order to start the Physical Education program in their school. The sports kit contains one kit bag, four Basketballs, two Volleyballs, two Footballs, four Badminton rackets, ten shuttlecocks, eight Table Tennis bats, a dozen Table Tennis balls, two Cricket Bats, four stumps and one dozen soft tennis balls. This year the sports kit was given to Save the Children, Bandra, and Astitiva School, Navi Mumbai.

➤ **Week-end Sports Training :**

AWMH Maharashtra, in association with **V.D. Indian Society** conducts weekend Sports training Programme for persons with intellectual disability (PwIDDs). This training programme is schedule on weekend for two hours at Sports Recreation Centre, Malad, Mumbai. This programme comprises of warm-up, conditioning, skill practice and followed by games practice in the second half. The main aim of this programme is through recreational activity keep students fit and healthy. Following activities are conducted in this weekend training programme - Table Tennis, Cricket, Basket Ball, Handball, Skating etc. under the guidance of trained professional coaches. The effect of sports training is evident in their happiness quotient. Many of the students attending the week-end training programme have represented Maharashtra at the National Championships in various disciplines. Last year two of the students from Sports Recreation Centre represented India at the World Special Olympics. Currently 28 intellectually disabled students from 13 special schools are the part of this programme.

➤ **Maharashtra State Table-Tennis Tournament for Special Schools :**

10th Maharashtra State Table Tennis Tournament organized by AWMH Maharashtra for the Special Schools in Maharashtra, at Goregaon Sports Club on 16th September, 2017 was sponsored by Rotary Club of Mumbai Versova.

Around 310 students from 36 schools in Maharashtra participated in this tournament. The competition was conducted in two formats i.e. Individual Skill contest and Singles Competition. The ability grouping test was taken one month before the competition for the students participating in this tournament. The Chief Guest was Rotarian Vinay Vyas, District Chief Co – ordinator from Rotary Club of Borivali and other dignitaries were Rtn. Yogesh Kedia, President, Rtn. Lalit Mutreja, Secretary, Rtn. Manish Khemka, Treasurer and Rtn. Jaikishan Bhagchandka, the Vice President of Rotary Club of Mumbai Versova. Students were awarded with medal and certificate according to his / her ability, which serves the purpose of World Special Olympics that every child is a winner in the competition. The accent here is on participation, and every participant is awarded a medal, regardless of the result. Students participating in this tournament were given T-Shirts and teachers, parents and students were served with heavy snacks and lunch.

Participation :

Total Number of Students : 310 students (36 schools)

Total Number of Teachers : 75 teachers

Total Number of officials : 30 officials

➤ **Expression of Gratitude :** Following are a few people who helped us reach the benefit of Sports and fitness to the children with intellectual disability.

Our special Thanks to-	
➤ Rotary Club of Mumbai Versova	» for being the Title sponsors for the Table Tennis Tournament
➤ Mr. Dinesh Bagdi, Reis H.R. Pvt. Ltd ➤ Jamnabai Narsee School ➤ Mr. & Mrs. Bhupendra Gandhi ➤ Ms. Lajju Devang Vora ➤ Parents Body Association ➤ Deepak Jadhav and Nisha Jadhav, VDA Infosolution Pvt. Ltd. ➤ Rotary Club of Mumbai Versova ➤ S. Ramakrishnan ➤ Ms. Priya Sivram ➤ Mr. Sameer Gajria ➤ Mr. Sumedh and Bharati Varade	» for sponsoring the Cricket Tournament
➤ Mr. Vinod Podar, President, Mr. Sunil Dewali, Hon. Gen. Secretary and Outdoor Chairperson, Goregaon Sports Club	» for providing the Ground, Shamiana & Sound system for the Cricket Tournament, and the Table Tennis Hall free of charge for the Table Tennis Tournament
➤ Mr. Sunil Velankar, Hon. Gen. Secretary, Mr. Ramesh Iswalkar, Treasurer, Prabodhan Krida Bhavan	» for providing their ground for the Cricket Tournament.
➤ Ms. Shobha Shetty, Principal, Mr. Uday Vinzanekar, President, Punarvas Special School	» for providing free lodging for all outstation students and their coaches, for the Cricket and Table Tennis Tournaments » for letting us use their Table Tennis hall for conducting the ability tests of outstation students during the Table Tennis Tournament
➤ Mr. Madhav Bhalerao	» for taking care of outstation Special Schools' lodging and boarding needs at Punarvas Special Schools
➤ Ms. Hemalata Dhoot, Director, and Ms. Kamini Mehta, Principal,	» for providing the bus facility for transporting all outstation students

Vasaribai Dagra Navnirman School	and their coaches to the venue and back, during the Table Tennis and Cricket Tournaments
➤ Mr. Prabhakar Shetty, Proprietor, Landmark Restaurant	» for providing breakfast for 300 students, teachers, officials, parents and grounds-men on both the days of Cricket Tournaments
➤ M/s Golatkar and Sawant Caterers	» for providing lunch and dinner at both venues at subsidized rate during the Cricket Tournaments
➤ M/s Shashikant Decorators	» for providing the Shamiana, chairs and sound system at Prabodhan Krida Bhavan for the Cricket Tournament.
➤ M/s Kalpataru Decorators	» for providing the Shamiana at Goregaon Sports Club for the Table-Tennis Tournament at a nominal cost
➤ M/s Kalpavruksh Decorators	» for providing the Shamiana, chairs and sound system at Goregaon Sports Club for the Cricket Tournament at a nominal cost
➤ Ms. Trupti Karandikar, The Parents Body	» for sponsoring the T-shirts & Caps for all participants and their Coaches during the Cricket Tournament
➤ Mr. Jayesh Sankhe	» for keeping the proceedings lively with his commentary during the Cricket Tournament
➤ All the Principals and P.E. teachers of the participating schools	» for encouraging their students to participate in both the Tournaments whole-heartedly
➤ All the officials who officiated at the competition	
➤ Our well-wishers, Ms. Arti Malekar, Ms. Manisha Gawande, Ms. Sakshi Ayare, Ms. Ujwala Gaikwad, Ms. Chaitra Uchil	» for helping in making both the events a grand success
➤ Ms. Priya Sivaram, Ms. Doris Saldana	» Running for us at the Standard Chartered Mumbai Marathon 2016
➤ The Administration team of AWMH	» for their excellent support.

❖ **RECREATIONAL ACTIVITIES AND SELF-ADVOCACY CENTER (RAC)**

The special adult members of the RAC are employed at various places or self-employed during the week. On Saturday evenings they meet at Villa Theresa School for a time of fun and games. They have Group Games, Yoga, Laughter Therapy, Sports, Craft, Colouring, Cooking, Dance and Celebration of Birthdays and Festivals. Sometimes they go together to Movies, Restaurants, Malls, parks, beach or for Picnics.

- **Regular Indoor Activities :** This year was also full of action like the previous years. Members looked forward to meeting every Saturday as they all have a sense of friendship and belonging to the club. Usually the members met in the Villa Theresa School every Saturday from 4 to 6 and typically played games of their choice, did yoga and laughter therapy, chit-chat and had some snacks together. The games could be playing with a volleyball, playing a giant sized 'snakes and ladders' game, darts, puzzles, or other indoor games. On many occasions, they did other interesting activities like dance, painting (in different creative ways, eg. vegetable painting), craft (eg. photo frame making), playing cards, dancing, cooking, musical yoga etc.

The volunteers continued with our attempt to make the club more and more like a club for mainstream adults. As our members are adults, they should have the choice of the activities that they would like to do in the group and/or individually. Even how a game should be played was decided by them and they decided to enjoy the play without involving any winning or losing in a game of badminton or handball. This was a significant decision taken by our adult RAC members themselves.

The overall emphasis in the club last year was to take our RAC members more and more towards self-advocacy through the path of self-realization and self-assertion and leadership. The volunteers have deliberately decided to take a back seat and mainly be a channel to provide new opportunities and new experiences to the members but leave the decisions to them. Self-motivation and self-expression are the first steps towards self-advocacy!

- **Regular Outdoor Activities :** The special adult members also had special outings like visits to the hanging garden, Taraporewala aquarium, August Kranti Maidan (for outdoor cricket), etc. Members also went for films together.
- **Special Outdoor Activities :** Our members also attended the EIRP party at Mancherjee Hall. They were introduced along with their place and nature of work. This enthused the parents of younger children regarding the employability of their special children.

Some members and volunteers went to see special sports event organized by the AWMH at Goregaon.

- **Budding Chefs Contest :** This year too, four RAC members participated in the Budding Chefs Cooking Contest conducted by the AWMH. The contestants were:

Hiral Dhruv, Nilesh Dedhia, Mihir Shah and Croyden Fernandes. They had a great time and it boosted their confidence.

- **Festivities** : This year too, our members celebrated various festivals. We usually join some craft activity with the festivals. eg. Raksha Bandhan was celebrated by first making the Rakhis and then the women members tying them to the men members of the club. The members made flags to celebrate the Independence Day. During the Ganeshotsav, we went for a Ganapati Darshan – a visit to various Ganapati Pandals in the vicinity.

Birthdays of members were celebrated with joy at the school hall or in restaurants/clubs outside.

- **Special Festival parties** : There were two big parties this year. The first was the Diwali Party at the Samrat Hotel Party Hall. The hall was full of enthusiastic RAC members and a family member each, along with the volunteers and office bearers. To begin with, members played games. All games were based on chance and hence every person had a chance to win, irrespective of the skill level. Also they had unexpected twists that made them highly enjoyable. eg. The first game was of passing the parcel, in which each time someone was ‘caught’ with the parcel when the music stopped randomly, he / she could choose a gift from the gifts kept on the table. All present thoroughly enjoyed all the games devised by volunteer Mrs. Nina Parikh. After the games was the time to eat a sumptuous spread of various tasty food dishes, During the prize and gift distribution function every member and volunteer was felicitated with a gift. Also, guests of honour and prize-winners were felicitated with a gift. All returned home having great memories of a great party!

The second was the Christmas party. It was hosted especially for our members by the 9th standard children of Villa Theresa School. It was a heart-warming gesture on their part. Our members were introduced to all the 9th standard students, giving details of their work situations, which made everyone proud. Our members were part of the teams that competed to play. The games were great and the members as well as the students enjoyed a lot. This party also served to spread awareness among the school students and helped further self-advocacy of our members.

- **Trip to Ganapatipule** : This year we had a 2-days-2-nights trip to Ganapatipule where everyone enjoyed a lot -There were lots of activities including walks on the gorgeous beach, going to the temple and the parikrama, camel ride, water sports, sight-seeing tour including visit to a rural museum showing the traditional rural work system, a 6D film show, an amazing walk through a mirror maze, an enchanting magic show, etc. The coastal food of Konkan was delicious. There was ample scope to unwind and be refreshed. There was no stress to do any fixed pre-decided activity or to meet any deadline of time to reach anywhere at any sight-seeing point. It was an opportunity for the members to express and assert their own feelings and preferences (eg. in eating) – a first step towards

advocacy. They used this opportunity very well to relax, unwind, be refreshed, understand and assert their wishes and bond with the others.

Each member took a small step ahead in his life. Some were talking and communicating much more frequently, on one's own motivation, beyond need-based communication. Some sat on a camel for the first time, which was quite an adventure. A member slept alone in the resort room, an unfamiliar place, for quite some time. Another member went on walks in the new place on his own... etc. Thus each member used the opportunity to try out new enriching experiences.

All in all, the year was eventful and enjoyable for the members who cherish the friendship that deepens through the various activities.

❖ **BUDDING CHEFS CONTEST :**

Budding Chef Cooking Competition was held on **Wednesday 7th March 2018**. Total of 61 children with intellectual disabilities from 15 special schools of Mumbai participated in the Contest. The event was a great experience for contestants, judges and supporters. Staff and students of Rizvi Catering College volunteered to provide logistic support for the event. One volunteer was allocated for each team, to help and guide, and provide any support. Every participating student wore a broad smile of joy and achievement as he/she received the prize for her/his creation. Each team comprised 2 boys and 2 girls. The competition lasted 2 hours. The participants prepared tasty, innovative and nutritious dishes and surprised every one present about the culinary skills of contestants. The donors "The Inner Wheel of Bombay West" keenly observed the competition and creations. They have promised to support this event every year.

❖ **The following prizes were given for the winning teams-**

Details		Winners	Recipe
Sweet preparation	1st prize	Aashray Special School	Ragi Chocolate Cake
	2nd prize	Astitva Special School	Khajur Tikki
	3rd prize	V. D. Indian Special School	Sizzling Brownie
Snacks preparation	1st prize	Happy Hours Workshop	Corn Bhel
	2nd prize	Adya Akshar Special School	Mexican Pani Puri Shots
	3rd prize	Punarvas Special School	Stauff Cannoli
Innovative preparation		A. K. Munshi Yojana Special School	Ebony & Ivory
Nutritious preparation		Aashray Special School	Healthy Cutlet

We thank Ms. Gauri Borkar for being the Chief Coordinator for the event, the Principal of Rizvi College of Hotel Management and Catering Technology,

Mr. Padma Kumar Nair, Ms. Sadhana Kharkar and her team of volunteers for their excellent organization and enthusiastic assistance. The contest was really close what with every preparation vying to be the best of all the delicacies, and the judges had to really struggle to choose the best three snacks and sweets amongst them all.

B. STATUTORY COMPLANCES

- ❖ **Managing Committee meetings :** The Managing Committee met 11 times during the year 2017-18. All meetings were attended by members with necessary quorum and minuted.
- ❖ **Membership :** As on 31-March-2017, we had 221 Life Members, 114 Institutional Members and 27 Ordinary Members.
- ❖ **All statutory compliance were adhered to.**

MINUTES OF THE 43rd ANNUAL GENERAL BODY MEETING HELD ON 12th AUG 2017

1. The Vice President called the meeting to order at 2.00 PM with 53 members being present. Cdr. Shrirang Bijur, President, chaired the meeting. The President informed the members about the demise of Ms. Gladys Kothawala who was one of the founder members of AWMH, Maharashtra and also the spirit behind the formation of Parent society. The members observed 1 minute silence in honour of departed soul and prayed for her.
2. **Welcome Address by the President and presentation of Annual report :**

The President welcomed the members and read out the annual report of 2016-17 from the managing committee as given at Pages 7 & 8 of the Annual report 2016-17, provided to all present members. Thereafter he invited each department to present their report.

Ms. Snehal Bhogle and Ms. Kanchan Harad presented the report of EIRP department. They also explained the essentials of services provided by EIRP centres. The success stories children Urvi Mangesh More, Umaimah Shaikh, Hamdaan Shaikh and Ahmed Sayyed Asif Iqbal were presented, which were appreciated by members with thunderous claps. Three of these beneficiary children were present and were greeted by the members.

At this stage, team of TISS students/interns who are supporting Mankhurd EIRP centre by carrying out survey of M ward slums made a good presentation about their methodology and success in identifying the children among the slum areas. The TISS students thanked AWMH for inviting them to the AGM. Members also appreciated their work profusely.

Mr. Nitin Baindur presented the report of Sports department as given in the annual report, He appealed to members to actively participate in cricket tournaments to boost the morale of the players who are from different levels of functional competence.

Mr. Nitin Baindur also presented a report about the Budding Chef Cooking Contest, which was an event that was enjoyed by all. He said the event had boosted the spirit of all the participants and had also sensitized the staff of Rizvi college about the capabilities of children with intellectual disabilities.

Mr. J. K. Aggarwal presented the report of RAC department. At the RAC this year, new ideas of self reliance and self advocacy had been introduced. It was decided that endeavor will be made in 2017-18 to revive past tradition of longer outdoor picnic, for the RAC members to some tourist city where the persons will enjoy the tourist destination and also learn to live without presence of parents for some days.

Members appreciated the report of each department with applause and adopted the report.

Resolution: Resolved unanimously that the Annual Report of AWMH, Maharashtra for the year 2016-17 is hereby received and accepted.

The President Cdr. Bijur thanked all senior members present in the AGM for their dedication and selfless work, which had elevated AWMH to the present level. He thereafter presented a token of appreciation to Ms. Kanga, Ms. Shapoorjee, Capt. Parekh, Mr. Aggarwal, and Mr. Kersi Kapadia.

The president also welcomed Dr. Anjali Joshi, Senior OT and Dr Vaishali Kolhe to the AGM as special invitees. He apprised the general body about their selfless efforts and cooperation to make AWMH services more effective. AWMH is greatly benefitting from their active association. Dr Anjali Joshi spoke briefly and commended the dedication of EIRP staff.

3. To read and approve the minutes of the 42nd Annual General Meeting

The vice president took up the minutes that were also provided to all members in the Annual report booklet. The minutes were approved unanimously.

Resolution: Resolved that the Minutes of the 42nd Annual General Meeting held on Saturday 27th August 2016 are hereby approved and passed.

4. To consider and adopt the Audited Statement of Accounts for the Financial year 2016-17, along with the audit report.

Dr. Sunny Pariyaram presented the audited statement of accounts for the financial year 2016-17. He mentioned that expenditure of each rupee is personally scrutinized by him/other office bearers. Frugality in expenditure is practiced to ensure that donor's money is utilized for the intended beneficiaries to the maximum extent. Mr. Prakash Basrur had a query regarding staff welfare fund. He also opined that the employees of AWMH, Maharashtra should be provided with some kind of group health insurance. The president agreed to look at this suggestion during the managing committee meeting considering all aspects.

Resolution: "Resolved that the Audited Accounts of AWMH Maharashtra for the financial year 2016-17 be and are hereby accepted and passed unanimously".

5. To consider and approve the budget for the financial year 2017-18

The treasurer Dr. Sunny Pariyaram continued with the explanation of accounts statement.

Cdr. Shrirang Bijur explained that staff who had been with AWMH for a long period had been given a raise of 20-30%. This had been done to satisfy the aspirations of staff who have served AWMH with dedication and loyalty. However this resulted in a rise in the budget by 20%. Members appreciated this initiative.

He further explained that more funding agencies would be tapped to meet the expenditure of providing for Speech therapy at the Early Intervention Centers. The members approved the budget unanimously.

Resolution: "Resolved that the estimated budget of AWMH Maharashtra for the financial year 2017-18 be and is hereby accepted and passed unanimously".

6. To appoint Auditors for the Financial Year 2017-2018, and to fix their remuneration.

The Treasurer recommended that M/s. Shashikant Desai and Co. be continued as Auditor of AWMH Maharashtra for the Financial Year 2017-18 at a remuneration of Rs. 15,000/- (Rs. fifteen thousand only).

Capt. Sohrab Kapadia proposed and Ms. Nina Parikh seconded this recommendation and the following Resolution was passed unanimously :

Resolution : "Resolved that M/s. Shashikant Desai and Co. be and are hereby appointed as the Auditors of AWMH Maharashtra, for the Financial Year 2017-2018, at a remuneration of Rs. 15,000/- (Rs. Fifteen thousand only) for the said period".

7. To introduce new members admitted since the last AGM

Cdr Bijur introduced seven new members to AWMH. Details are as under-

New members	
Annual members	Life members
Suvarna Patil	Santosh Sp School (Institution)
Jyoti Jadhav	
Naina Koli	
Mahendra Gupta	
Vijeta More	
Yasmin Shaikh	

8. To brief members on Amended rules and regulations of AWMH Maharashtra.

The President informed the members that all amendments initiated and approved during the last AGM/ EGM were approved by the Charity Commissioner's

office after going through them in 2 hearings. The Charity Commissioner's Office has issued two copies of the amended constitution stamped with the seal of approval.

The new constitution was available, spirally bound, for reference. Members desirous of having a copy of the same could write to the office and a copy will be provided.

9. To brief Members on Rights of Persons with Disability Act – 2016

Cdr. Bijur explained to members about the important provisions of the new RPD Act. The act provides full legal capacity and rights to PwDs as enjoyed by mainstream population. He also apprised members about salient features in sections of Education, Health, Employment, Skill building provisions. Mr. Basrur enquired about the purpose and issuing authority for disability certificate. Mr. Aggarwal and other members wanted to get details about health insurance. Cdr Bijur explained both the subject queries. He urged all parents to obtain Disability certificate for their son/daughter. He further explained the respective benefits of Niramaya and Swavalamban Health Insurance Schemes available to persons with disabilities and again urged the parents to get insurance done for their son/daughter. He further mentioned that Niramaya insurance is done online and the procedure was very simple. Mrs. Vaishali Gandhe, a parent volunteer, from Pune had agreed to fill the online form for any parent across India. The parents have to contact her and send documents in PDF form for uploading during online submission.

10. To consider status of sale of Pune land and any action by AGM thereof

Cdr Bijur requested Mrs. Miriam Kanga to apprise the general body about the status. He also complimented Ms. Kanga for her very active involvement to push the matter. Ms. Kanga explained to members about the process and mentioned that the matter has been closed at Charity Commissioners office after 4 hearings by Joint Charity Commissioner. He has fixed 30th August for issuing the order. Thereafter local approval from District Collector, Pune, will have to be obtained before the actual transaction is initiated. The members appreciated the efforts of office bearers and Mr. Nitin Baidur in this task.

11. To consider any other point

Dr. Vaishali Kolhe, Head, Micro level Planning of Disability Project" made a brilliant presentation about the association of TISS and AWMH at the Mankhurd Center. She explained about TISS's project and how it was benefiting the grass-root poor population of M13 ward, living in slum areas. All the present members appreciated the dedicated work put in by Dr. Vaishali and her team.

Dr. Sunny Pariyaram thanked all present members, staff of AWMH, staff and management of YWCA for making the AGM a successful event. The meeting was thereafter closed.

LIST OF DONORS - 2017 -2018

We are indebted to our valued donors for continuing their support & commitment-

Donor Name	Amount	
GENERAL ACTIVITIES :		
Seth Purshotamdas Thakurdas & Divaliba Charitable Trust	30,000	
Inner Wheel Club of Bombay West	25,000	Budding Chef Competition
M. K. Tata Trust	20,000	
Ms. Charu Vasa	15,000	
Air Marshal S.S Ramdas (Retd.)	10,000	
Mr. G. M. Shaikh	10,000	
Ms. Niyati Shah	10,000	
Dr. Aditi Parekh	10,000	
Mr. Ravi Parekh	10,000	
Mr. Chandra Advani	10,000	
Mr. Rajul Jatin Mehta	5,000	
Mr. Vinod Kotak	5,000	
Ms. Laila Esther Furtado	5,000	
Ms. Purnima Shah	5,000	
Mr. Kirit R. Parikh	3,000	
Ms. Arti & Vedika Desai	2,001	
Mr. Dev Nair	2,000	
Ms. Edna Delgado	2,000	
Well Wisher	1,500	
Ms. Malti Sharad Muni	1,111	
EIRP :		
Wipro Cares	14,45,031	
The Catholic Health Association of India (CHAI)	10,31,049	
The Dalal Family Foundation	3,25,000	
Cipla Foundation	3,00,000	
Nihchal Israni Foundation	2,50,000	

Sumitra Ramrao Nagarkatti Foundation	1,00,000	
Rotary Club of Bombay Seaface	30,445	
Mr. S. C. Anandpara (HUF)	25,000	
Mr. Subir Jana	10,000	
Ms. Vilur Shapoorjee	5,000	Annual Party
Cyrus & Faredoon Dossabhoy Madon C. Trust	5,000	Annual Party
Mr. Prafull Modi	2,000	Annual Party

EIRP - SPONSOR -A-CHILD :

Mr. Rajiv Shah	15,000
Ms. Malti Sharad Muni	10,000

SPORTS :

Jamnabai Narsee School	3,06,717
Rotary Club of Mumbai Versova Charitable Trust	2,25,000
Reis Staffing & H. R. Services Pvt. Ltd.	1,02,000
VDA Infosolution Pvt. Ltd	51,000
Ms. Trupti Karandikar	40,000
Ms. Bharti Varade	20,000
Ms. Kokila Bhupendra Gandhi	15,000
Ms. Lajju Devang Vora	15,000
Mr. S. Ramakrishnan	12,000
United Way of Mumbai	11,000
Ms. Meenal Majumdar	10,000
Mr. Sridhar Sivaram	10,000
Mr. Sameer Gajaria	10,000
Ms. Bharti Choudhari	2,100

RAC :

Ms. Vilur Shapoorjee	10,000
Mr. Prafull Modi	5,000
Mr. Jugalkishore Aggarwal	4,800



SUCCESS STORIES

Sparsh Koli

Sparsh stays with his grandparents, mother and younger sister aged 2 years. His father works in Pune. He comes on weekends. His mother is home maker but supplements family income by taking up domestic work. Their total family income is around 15,000/ for a month. The family lives in one room kitchen located in a slum.

Sparsh was brought by his mother to the Mulund Early Intervention Center, in late 2016, when he was 4 years old. He was extremely restless and totally non verbal. He would not sit in a place for more than a few seconds, and would even throw things around in a bout of tantrum! Because he could not speak or see properly, he would not interact with other children, or even play at school. "He just cannot sit in a single place for long, and does not utter a single word. Its impossible to manage him at home!" exclaimed his mother. Sparsh after assessment was diagnosed with autism with ADHD.

At the AWMH EIRP Center, the team of Occupational therapist, and Special Educator set up an individualized therapy plan. The OTst exposed Sparsh to sensory stimulation in a structured, repetitive way. Very gradually, she made the activities more and more challenging and complex. This helped him become calm and organized. She also gave him cognitive perceptual training to help him make sense of what his eyes saw (his visual motor and visual-perceptive skills). This went a great deal in improving his ADLs (activities of daily living). She also helped him improve his core-muscle strength.

At the same time, the Special Educator involved Sparsh in group sessions, with play activities. This brought him in touch with other children at the Center. Other teaching aids were used to help him develop skills for handwriting, and other fine motor skills.

The Speech Therapist also worked on improving his speech muscles with specialized exercises.

Today, Sparsh participates in playgroup sessions that last 45 minutes! He is able to string beads in a wire, an indication of fine motor development. He likes to use crayons to color his picture-books with fair concentration.

Sparsh uses the toilet by himself, removes and wears footwear, and even drinks water on his own. He even helps his mother in simple tasks she gives him! He is becoming social and gives eye contact to all acquaintances. "It has been a great change that has made not only Sparsh social and competent but the entire family is at peace and enjoys Sparsh's company" says his excited mother.

Sparsh continues to visit the Center for therapy.



Samarth Patil

At 2 years in 2016, Samarth could barely walk, his muscles were just too tight to permit him such simple activities. Routine skills such as holding a pencil were monumental tasks for him. His ability to understand though fairly good was not up to the levels expected for his age. He was quite comfortable with people around him.

Obviously Samarth's mother was very worried and did not know what to do. Then she came to know about AWMH clinic and rang up Shraddha, Special educator. Next day she came to the centre and had a long conversation with Sheetal. Next day Samarth's father also came and Samarth was assessed as light CP with intellectual disability resulting in delayed milestones. The therapy goal set by the EIRP team was to enable Samarth to stand and walk without support, and to improve basic cognitive skills and toiletry and washing functions. Samarth lives in nuclear family with his elder sister and parents. He belongs to lower middle class family. His mother is housewife and father is working in private garment factory. They live in a single room of around 100 sq. Feet area. One corner of room is used as wash area (bathroom), they need to go out to use toilet. There is no other child in neighboring area to play with him except his cousins who lives in another building.

Following the therapy plan, the Occupational Therapist gave Samarth simple stretching exercises to loosen up tense muscles and improve the range of movement of legs. Using the therapy ball, she worked to relax his pelvic muscles so he could balance himself well. Exercises to strengthen his calf and thigh muscles helped improve his posture and gait. Using the equilibrium board Samarth learnt to reach longer and shift his weight and walk. Gradually now, Samarth began to walk, albeit with a walker.

The Special Educator worked on his fine motor activities; exercises such as picking and transferring small objects like beads and marbles helped him gain control over fine movements. To improve his cognitive skills, she gave him exercises that involved identifying and discriminating colors, vegetables, fruits and vehicles. Samarth's hand-muscles were strengthened with yet other exercises. His manual dexterity and in-hand dexterity were also improved.

It's been two years since Samarth registered at the Center, and he walks with the help of a walker. He stands up from a sitting position, and can maintain this position for quite some time. He understands numbers fairly well and can write the first five alphabets. Samarth eats by himself, and even assists his mother in self-help skills such as bathing, and dressing.

As a result of this holistic approach followed at the Center, Samarth has been making remarkable improvement in his developmental domains. His parents are very happy with the response.



Sai Chougule

Sai was referred to the AWMH EIRP Center last year, by his pediatrician. Diagnosed with Hydrocephalus, he could not hold his neck up at 3 years, nor could he roll over or even speak. Tight hamstrings in both legs did not allow him to stand up or walk. His entire body was weakened by repeated convulsions. Sai could not hold objects with his hand! Being from a poor family Sai's mother was unable carry him to travel in public transport hence never bothered to take him to any hospital. One of the social workers from their locality referred her to the AWMH Center and both of them came to our Ghatkopar center about a year back. Sai lives with his parents and an elder brother. His father is a daily wager and only earning member of family. They live in single room of around 150 sq. Feet on 1st floor of chawl based building; they have washroom and toilet constructed inside the room.

The Occupational Therapist combined neuro-developmental therapy techniques with different play activities to improve his posture and balance, and facilitate greater movement of legs and arms. The more Sai performed these guided movements, the easier his movements became. Using the therapy ball, she gave him exercises relating to vestibular and proprioceptive stimulation to improve his posture, body tone and sense of balance. Sensory stimulation techniques helped Sai improve body awareness.

The Special Educator involved Sai in group sessions to improve his social skills. He was urged to greet members in the group. Exercises involving holding and transferring objects improved his hand movements and eye-hand coordination. He was also given visual and auditory exercises to enhance his visual skills.

The Speech and Language Therapist gave him exercises to strengthen his speech muscles.

Today, after 10 months of consistent therapy, Sai's control of neck muscles is much better- he can lift his head up while lying down. While sitting on a chair, if he appears to lose balance, he pushes himself up all by himself, to sit straight. Sai's fine motor skills are also much better now, as he reaches for objects placed at a distance, in front of him, or holds rings and cylindrical pegs, and releasing them in specified containers.

Sai's social skills have vastly improved as he interacts with everyone in the room. He has started speaking simple, basic words such as ayi, hello, kai! Sai has neighboring friends, who plays with him and his brother together. Sai likes to watch his brother dancing and singing for him.

His mother is very happy with the progress, and has promised to continue therapy until he is ready for the next step in rehabilitation!

The name of the Association has been changed as per order of 12-7-85 of the Asst. Registrar of Societies, Greater Bombay Region. S.L. 12-7-85

[Spl.--CC. BPT 50.



CERTIFICATE OF REGISTRATION

The Societies Registration Act, 1860.

(ACT XXI OF 1860)

MAHARASHTRA STATE

Registration No. Bom. 194/74 G.B.B.S.D.

IT IS HEREBY CERTIFIED THAT Association for the Welfare of Persons with a Mental Handicap in Bombay

has this day been duly registered under the Societies Registration Act, XXI of 1860

Given under my hand this

20th day of July, 1976



S. H. KINIKAR
 C. S. H. KINIKAR
 Assistant Registrar of Societies,
 Greater Bombay Region.

← RAC →



← BUDDING CHEFS COMPETITION →



SPORTS

